

In the middle of it:

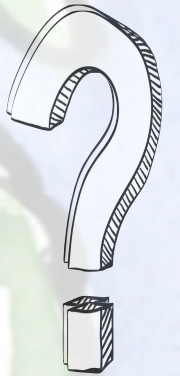
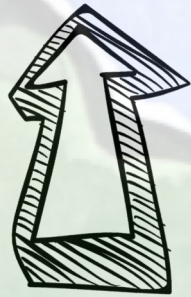
Music in prison for mothers and babies

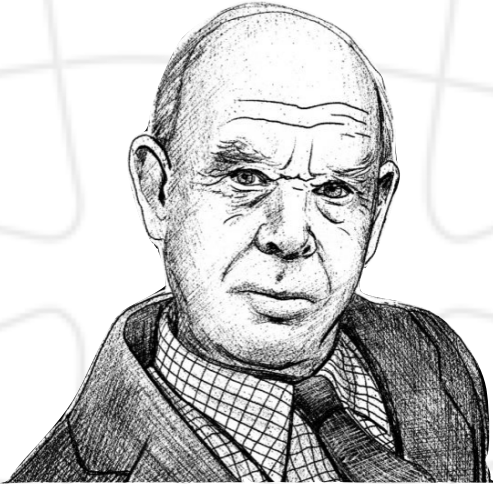
Dr Kirstin Anderson, Dr Inês Lamela

Mothers and children in prison



53%





JOHN BOWLBY

The mechanisms underlying the infant's tie to his mother (or other primary caregiver) are survival instincts to handle distress.

(Bowlby, 1958)

attachment theory



MARY AINSWORTH



Music & attachment



music as a caregiving ritual

Trehub & Hannon, 2006

human communication score

Rodrigues, 2005

communicative musicality

Malloch, 1999

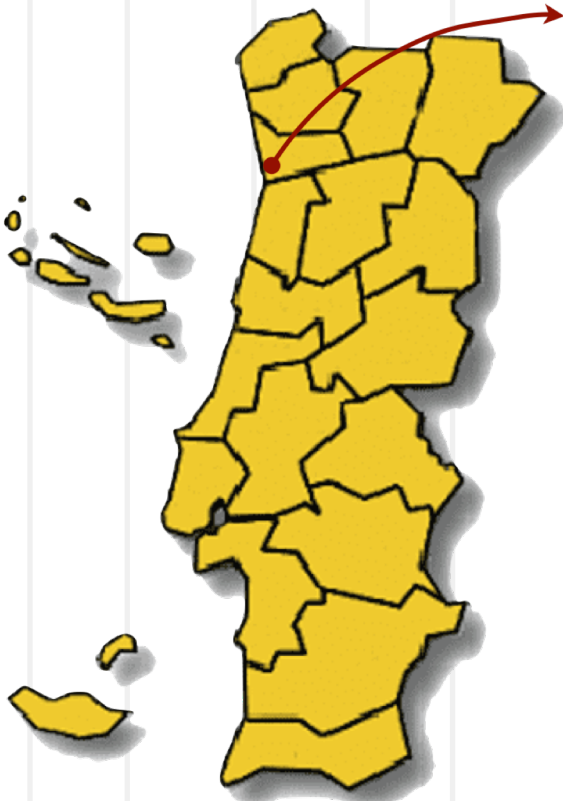
Are caregiving rituals universal???

Young, 2018

Music, attachment, mothers, babies & prisons

what is happening

BebéBabá



EP Especial Sta Cruz do Bispo

PARTICIPANTS

15 women & 15 children
6 music facilitators



Mother-baby
attachment can be
learned

Rodrigues et al., 2010

To think about

More research is
needed

Should
children live
inside a prison?

Facilitator's
skills
&
profile

the reasons that are normally
invoked to defend a place for music
in prisons should be very much
amplified when innocent children
live incarcerated
with their mothers in jail

Rodrigues et al., 2010


Next step: developing research

Project:


Music and Communication for Mothers and Young Children in Prison

(funded by Royal Society of Edinburgh)


Goals:



to investigate current music practice in prisons between mothers and their young children that is not academically acknowledged and increase knowledge of this topic

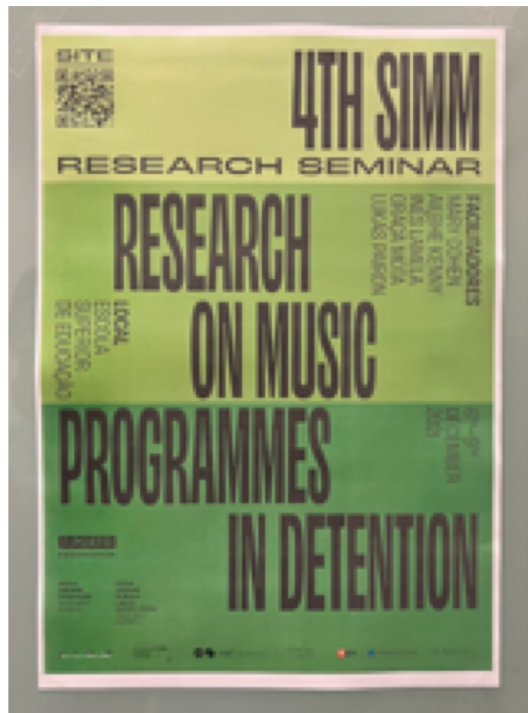


to organise a series of workshops with researchers and practitioners in Scotland, England and Wales and Portugal that can share knowledge of music making activities in this field and deepen understanding of this practice

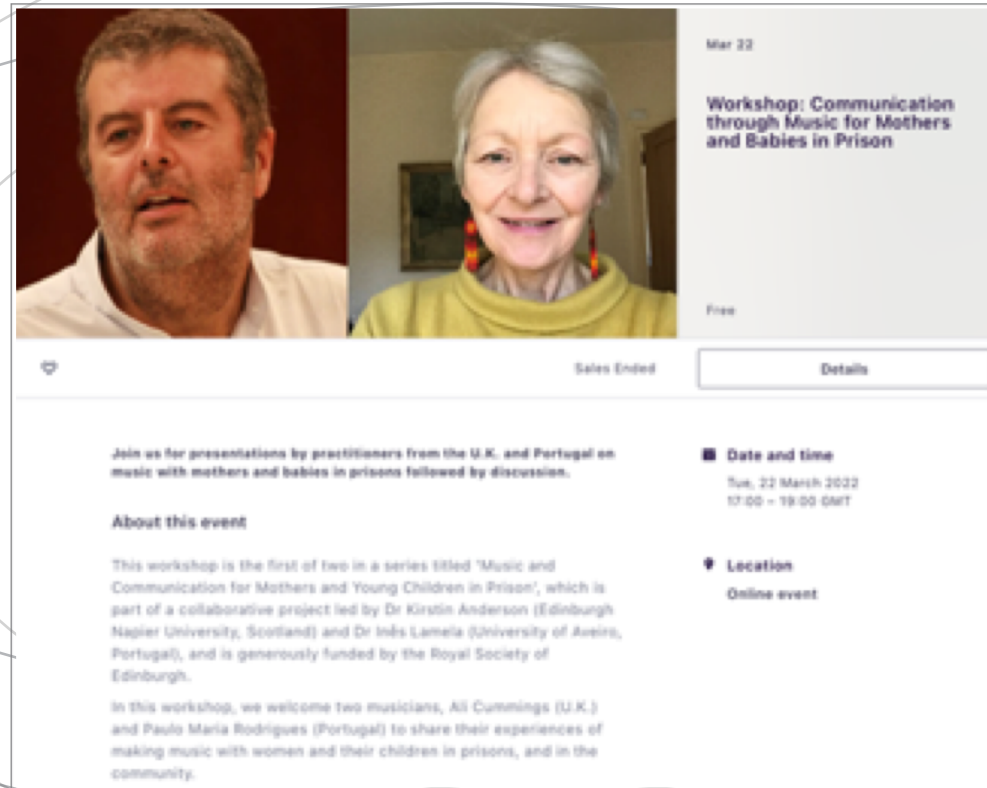


to develop international expertise in designing and applying for funding to carry out research with women who experience, or have experienced, prison with their young child incarcerated with them and their use of music as a form of communication

Project progress



Online workshop



Speakers



Paulo Rodrigues



Ali Cummings

17 participants

UK, Portugal, USA, Asia

22 march 2022

COMMUNICATION THROUGH MUSIC FOR MOTHERS AND BABIES IN PRISON



UK-based practitioner

Having witnessed the distress of separation following a prison visit



Project exploring the role music can play in supporting mother-child bonding and attachment in prisons

Portugal-based Practitioner

Views artistic projects as laboratories



"Parents and babies need music"

45 Weekly sessions delivered in 2 prisons in Northern England featuring singing and musicians (music students)

Prison staff & musicians ALSO report a number of Positive outcomes



Several projects focus on music & performance with babies and children

Bebé Baba Project

Workshops held over 4 weeks

music movement interaction playing communication

Some sessions just with parents Some with parents and children

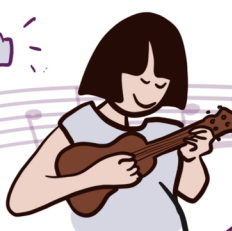
PLAY & CREATIVITY



I FEEL MORE CONFIDENT! (as a mother, in my abilities...)

mothers' process

VALUING MUSIC



Developed for parents and children

Taken into a Prison

Culminates in a Show outside of the prison

Special day!



Other projects have explored babies engagement in interactive community arts activities

Also zyg installation

We could be doing more creative projects in prison...

USING MY VOICE



Singing over the phone to children at home

EMOTIONAL WELLBEING



Children want to visit at music time

RELATING TO MY BABY

DISCUSSION

How can this work be evaluated? What is the long-term impact?

Methodologies need to take account of :-

Low literacy levels common

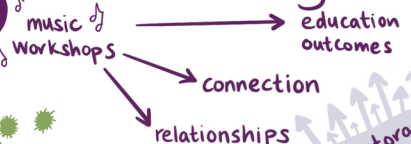


Time to build up trust

Also challenging to follow-up after release

should we evaluate the value of art?

Lots of Complexity



What impact has the pandemic had?

Change of delivery of workshops

Positive to see fewer women and babies in prison - but smaller population may put projects like these for women & babies that remain - at risk

At what age are babies separated from mothers in Prisons?

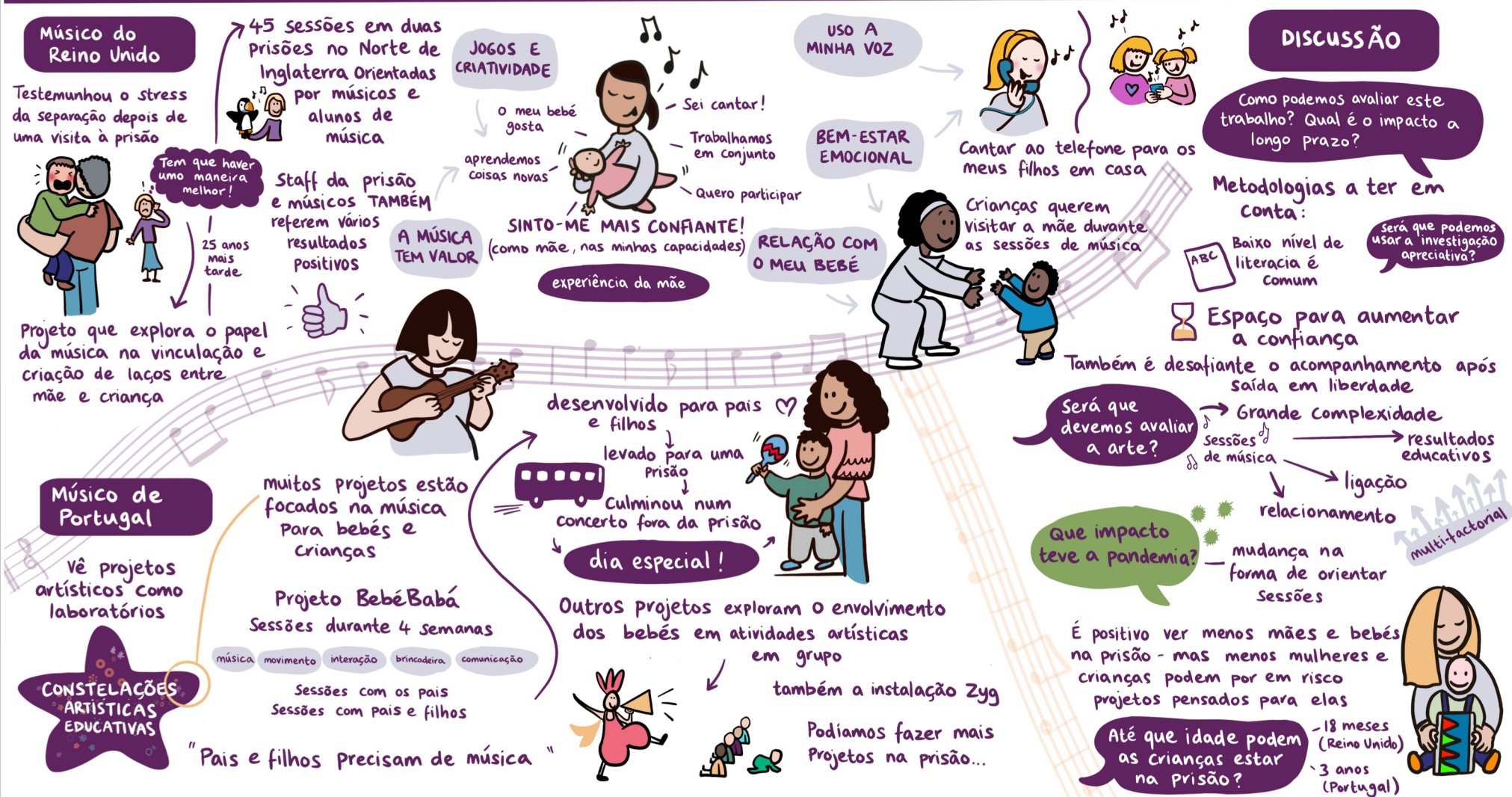
18 months (UK)
3 years (Portugal)



COMUNICAÇÃO ATRAVÉS DA MÚSICA ENTRE MÃES E BEBÊS NA PRISÃO



Série de workshops organizados por:
 Dr Kirstin Anderson
 Edinburgh Napier University
 e Dr Inês Lamela
 INET-md



Músico do Reino Unido

Testemunhou o stress da separação depois de uma visita à prisão



Projeto que explora o papel da música na vinculação e criação de laços entre mãe e criança

Músico de Portugal

Vê projetos artísticos como laboratórios



45 sessões em duas prisões no Norte de Inglaterra Orientadas por músicos e alunos de música



Staff da prisão e músicos TAMBÉM referem vários resultados positivos



Projeto Bebê Babá
 Sessões durante 4 semanas

- música
- movimento
- interação
- brincadeira
- comunicação

Sessões com os pais
 Sessões com pais e filhos

" Pais e filhos precisam de música "

JOGOS E CRIATIVIDADE

O meu bebé gosta



Sei cantar!

Trabalhamos em conjunto

aprendemos coisas novas

A MÚSICA TEM VALOR

SINTO-ME MAIS CONFIANTE!
 (como mãe, nas minhas capacidades)

experiência da mãe

USO A MINHA VOZ



Cantar ao telefone para os meus filhos em casa

BEM-ESTAR EMOCIONAL

Crianças querem visitar a mãe durante as sessões de música

RELACÃO COM O MEU BEBÊ



desenvolvido para pais e filhos

levado para uma prisão



Culminou num concerto fora da prisão

dia especial!



Outros projetos exploram o envolvimento dos bebés em atividades artísticas em grupo

também a instalação Zyg

Podíamos fazer mais projetos na prisão...



DISCUSSÃO

Como podemos avaliar este trabalho? Qual é o impacto a longo prazo?

Metodologias a ter em conta:

Baixo nível de literacia é comum

Espaço para aumentar a confiança

Também é desafiante o acompanhamento após saída em liberdade

Será que devemos avaliar a arte?

Grande complexidade

Sessões de música

resultados educativos

ligação

relacionamento

Que impacto teve a pandemia?

mudança na forma de orientar sessões



É positivo ver menos mães e bebés na prisão - mas menos mulheres e crianças podem por em risco projetos pensados para elas

Até que idade podem as crianças estar na prisão?

- 18 meses (Reino Unido)
- 3 anos (Portugal)



Site visits in the UK ---



Next steps


workshop to take place online in October 2022


Write and dissemination

- . report to RSE
- . journal article to International Journal of Community Music
- . podcasts contribution 'SIMM' and Being Human'

Development of funding bid to conduct research(Horizon Europe Funding)

Current questions

 What do these women's stories tell us about music and how it is used in incarcerated spaces as a way to connect and communicate with their children?

 Can music making between mothers and their children in prison create elements of resistance and resilience?



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