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Edited by
Inmaculada Arnedillo Sánchez
Pedro Isaías
Pascal Ravesteijn
Guido Ongena



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MOBILE LEARNING 2019

**PROCEEDINGS OF THE
15th INTERNATIONAL CONFERENCE
MOBILE LEARNING 2019**

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EDUCATIONAL MOBILE AUGMENTED REALITY EDUPARK GAME: DOES IT IMPROVE STUDENTS LEARNING?

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ABSTRACT

Mobile devices are being intensively used by the Portuguese youth in their daily life, but not in school activities. Despite this gap, research shows that technology can promote student learning in non-high education contexts. This paper comprises a survey study where mobile learning is analyzed through the eyes of 244 students attending the 2nd or 3rd Cycles of Basic Education (CBE). The acknowledged advantages and difficulties of the use of mobile devices for learning, as well as the educational value and usability of a specific mobile learning strategy, using the EduPARK app and game, were analyzed. Results revealed that most students owned a mobile device and were able to use them to learn. They had a positive perspective regarding mobile learning and valued the advantages of being easy to find up-to-date information, motivating for learning and easy to carry along. Nevertheless, students acknowledged difficulties in the use of mobile devices to learn, such as requiring an internet connection, its slowness, not being allowed to use mobile devices in schools as they facilitate access to distractions. The EduPARK game achieved an average Educational Value Scale of 83.8 and an average System Usability Scale of 80.2, indicating its high educational value and usability for students. This paper presents empirical evidence regarding the effectiveness of the integration of mobile game-based AR approaches in 2nd and 3rd CBE to promote students learning. It also includes an example of excellent interdisciplinary educational materials that comprises a very useful tool for teachers and students to explore scientific knowledge by accessing appealing information on biological and historical references of a local urban park.

KEYWORDS

Mobile Learning, Augmented Reality, Outdoor Activities, Game-Based Learning, Authentic Learning, Basic Education

1. INTRODUCTION

Mobile devices are being intensively used by the Portuguese youth in their daily life; however, these devices are seldom used in school activities, as they are still perceived as disruptors of learning and their use is frequently forbidden during instructional time (Liu et al., 2014). The gap between the use of mobile devices inside and outside schools can lead to students' disengagement with learning activities, thus, impacting negatively their academic success (Reyes et al., 2012).

Research has shown that mobile learning can promote student learning in non-high education contexts, with few published studies with neutral or negative results (Chee et al., 2017; Liu et al., 2014). Frequently, the literature reported student gains of increased attention, motivation, and development of key competencies (Martí & Mon, 2018; Sung et al., 2016).

The EduPARK (<http://edupark.web.ua.pt/>) is a research and development project with the aim to generate and implement original, attractive and interdisciplinary teaching strategies. The project employed a design-based research approach to create an interactive application with augmented reality (RA) for Android devices, with a set of educational learning games and integrating geocaching principles (Pombo et al., 2017b; Pombo & Marques, 2018). The final version of the EduPARK app is available in the Google Play Store (edupark.web.ua.pt/app) for Android devices, not requiring internet connection after download.

The app was developed for students and teachers from primary to higher education to be explored in a specific informal outdoor learning context, thus promoting an active, contextual and authentic learning (Herrington & Parker, 2013). Besides the educational community, local residents and visiting tourists can also use the app in an lifelong learning approach.

One of the EduPARK's innovative aspects relates with the fact that the promoted learning methodology combines a technology that is familiar to students with locations they see as their own. Thus, this methodology moves learning out of the classrooms and into the spaces of the students's community, such as their local urban park - the Infante D. Pedro Park, in Aveiro (Portugal). It is a large green area, with diverse fauna and flora, and even a reasonable sized lake with mallard ducks and amphibian species that deserves to be explored, in order to provide community education valuing conservative modes, to raise awareness about the importance of biodiversity and to promote the need for everyone to adopt more sustainable lifestyles to support healthy ecosystems (Pombo et al., 2017a).

The purpose of this paper is to present a survey study that analyzes mobile learning through students' opinion regarding the use of mobile devices for learning, including their advantages and difficulties, as well as the educational value of a specific mobile learning strategy, reified in the EduPARK game, after an experience of exploring it in formal and non-formal educational contexts. The educational value was analyzed concerning: (a) learning value; (b) intrinsic motivation; (c) engagement; (d) authentic learning; (e) lifelong learning; and (f) conservation and sustainability habits. Additionally, the app's usability is also studied as it can influence the exploration of the game.

The remaining paper presents: i) a theoretical framework of the study; ii) a contextualization regarding the EduPARK app and game; iii) methodological options; iv) results and discussion in the light of literature; and v) main conclusions, including suggestions of future work.

2. THEORETICAL FRAMEWORK

The use of technology to learn is not a new strategy. With the pervasiveness of mobile devices, their use in sustaining learning, either intentionally or not, was unavoidable. So, using, e.g., smartphones or tablets to support social and/or content interactions to learn, across physical locations and educational contexts, has been referred to as mobile learning (Crompton et al., 2017). Among its affordances are i) the small size and light weight of devices that allow easily carrying them to different places (Sung et al., 2016) and extending learning beyond the traditional classroom environment (Liu et al., 2014); ii) the interactivity with others and with media content (Burden & Maher, 2014); and iii) the panoply of contextual and situated learning activities they can provision, trough the proliferation of diverse hardware and applications (Parsons, 2014). Moreover, mobile learning research has shown that the use of this technology can promote student learning in K-12 educational contexts, with few published studies with neutral or negative results (Chee et al., 2017; Crompton et al., 2017; Liu et al., 2014). Frequently reported student gains are increased attention, motivation, and development of key competencies, as well as improved classroom climate (Martí & Mon, 2018; Sung et al., 2016). Though, the literature recognizes as limitations for mobile learning: i) the small screen size; ii) the processing limitations in connectivity and in computing (Liu et al., 2014); as well as iii) the possibility of disruption, cheating, cyberbullying and accessing inappropriate content on the Internet (Pedro et al., 2018). Additionally, mobile learning may entrench digital divides regarding technology access, technological skills and learning competencies (Parsons, 2014) and it requires high preparation from teachers (Sung et al., 2016).

The dissemination of mobile devices has supported the access of the general public to Augmented Reality (AR) technologies. These allow overlapping virtual elements, such as 3D models, with real objects of the physical world, in real-time, producing a new experience (Dunleavy & Dede, 2014). Those virtual elements can be triggered by real-world image recognition or by the user's location. AR has potential to increase learning performance, as it can make boring content more enjoyable and can be used to provide immediate feedback and support autonomous learning (Akçayır & Akçayır, 2017).

The literature has a growing number of studies combining mobile technologies and game-based learning (GBL). This approach refers to the promotion of knowledge and skills acquisition through the use of games (Qian & Clark, 2016) and has the potential to increase learner motivation, self-directedness, and social and inquiry skills (Giannakas et al., 2018), particularly if it activates prior knowledge and offers instant feedback (Ketelhut & Schifter, 2011). Mobile educational games can provide opportunities to meaningfully engage

students in learning of relevant educational content (Liu et al., 2014); however, this teaching methodology requires a carefull balance of the play and the learning outcomes (Giannakas et al., 2018) or it is not likely to be effective (Sung et al., 2016). The EduPARK is using geocaching principles to enhance the gameplay experience for the app users, by finding hidden treasures to promote curiosity, a powerful intrinsic motivator.

Both mobile devices and AR technologies can provide authentic learning experiences. These technologies can situate the learner in a realistic physical and social context and scaffold learning processes (Dunleavy & Dede, 2014). Authentic learning builds on constructivist learning theories, particularly on situated learning, and includes features such as providing an authentic learning context and collaborative construction of knowledge (Herrington & Parker, 2013), giving students an active role in learning as they experience and use information in ways that are grounded in reality, instead on memorizing facts in abstract situations.

3. THE AUGMENTED REALITY EDUPARK PROJECT, APP & GAME

EduPARK (<http://edupark.web.ua.pt>) integrates a multidisciplinary team that involves researchers from the University of Aveiro (Portugal) comprising three areas: Education, Biology and Computer Science. The main relevance is its innovation in terms of outdoor learning strategies, in formal, informal and non-formal contexts, articulating curriculum contents with game challenges and with technology. The partnership with the City Council of Aveiro allowed the installation of 32 plant identification plaques in the Infante D. Pedro Park that give access to AR information developed by the project team.

The project organizes regular activities for students and visitors, as well as teacher training, to collect systematic data to better understand the educational value of mobile learning in outdoor settings. With this strategy, learning moves beyond traditional classroom environments to nature spaces that students can physically explore at the same time they make connections with curricular contents. To date, EduPARK has involved about 900 students from primary to higher education, 200 teachers and lots of tourists.

The EduPARK app (Figure 1) can be used autonomously, and at any time, promoting authentic learning so that visitors can enjoy a healthy walk while learning. The mobile app, for Android devices, was developed using Unity 5, a popular cross-platform game engine, since Vuforia is currently the most widely adopted platform for AR technology (Unity Technologies, 2017).

The EduPARK app has two main modes: i) explore freely mode, with no specific game or associated trajectory, and ii) game mode that includes interdisciplinary educational guides, or quiz games developed for specific audiences, from basic to higher education, but also for tourists/public in general. The last one is available both in Portuguese and in English to reach also foreign visitors. The school level guides were developed in articulation with the curriculum directives for specific audience and include subjects as Biology, Maths, History, etc. The AR markers are: i) in plaques, installed in the park for that purpose (see Figure 2A); or ii) in tiles (see Figure 2B), already existing in the park. The AR information overlays on top of a real-time camera feed of a feature within the park, augmenting the reality, and it can include images, audios, videos, schemes, or 3D models, such as 3D plant leaves. The AR integrated in the plaques includes information about plant species, such as leaf, flower, fruit, origin, ecology and curiosities about the species; the AR integrated on tiles is about historical and regional issues with interest for the general public (Figure 2).

There are a set of features that make the EduPARK game particularly effective in promoting learning. In what concerns pedagogical affordances, the game is grounded in the constructivist theories of authentic and contextualized learning. As such, it takes advantage of the context as facilitator of learning, as it prompts the players to observe several park elements to answer correctly the questions. For instance, the game invites the players to observe their surroundings and identify the musical instrument represented at the top of the park bandstand. It is also a game premise to have the learner assuming an active role in his/her learning process of interacting with the game resources, close environment and other team members. Additionally, the EduPARK team purposely developed the game to promote interdisciplinary learning, so it includes questions that, e.g., prompt the players to interpret the ‘not drinking water’ signal and answer in English, which is a foreign language for Portuguese children. The game also includes questions that prompt the players to acknowledge and respect the biodiversity, such as the one that suggest listening to the sound of a bird that inhabits the park.



Figure 1. EduPARK app: A) initial screen with language options (Portuguese or English), profile setting and different modes of app use; B) multiple-choice question; C) treasure hunt challenge; and D) final screen with game results



Figure 2. The EduPARK app triggering AR content: A) about plant species, using identifying plaques with AR image markers; B) about regional issues, using historical tiles as markers; C) virtual treasure displaying on the mobile screen

The EduPARK game also presents gaming affordances, such as a diverse gameplay experience. The players are asked to find specific locations in the park, to analyze the app contents (both AR triggered by plaques and by historical tiles, videos, audios, images or even the park map) and to answer quiz-questions with no time constraints. Additionally, players are also prompted to look for hidden virtual caches or treasures, but with a time limit, thus, sustaining a different game experience. Moreover, the popular treasure hunt (Laine, 2018) reifies the geocaching principles. Players are presented with challenges and riddles that require knowledge about the park (see Figure 1C) to find a specific virtual chest with bananas (see Figure 2C), having five minutes to find it. The longer the time players need to find each treasure, the less bananas they collect. Looking for hidden treasures can arouse curiosity, which is an intrinsic motivator and keeps the player engaged in learning during the game, hence, curiosity can result in improved learning and performance (Laine, 2018). The accumulated bananas can be used for help with the following quiz-questions.

4. METHODOLOGY

The EduPARK project aims to study how playing a game, supported by an interactive mobile AR app in an outdoor context may promote learning and motivation for learning, among other affective gains. The present paper gives continuity to previous works (Pombo et al., in press) and reports a survey focused on the opinion of students attending the 2nd and 3rd CBE in what concerns the use of mobile devices for learning, including their advantages and difficulties, as well as the EduPARK app educational value and usability.

Empirical data was gathered throughout the first year of app use in 15 outreach activities organized by the project involving schools and other educational entities. A total of 244 children participated in groups, both in formal and non-formal educational contexts.

Data collection included a questionnaire survey applied right after the game activity, which comprises four sections, with multi-choice closed questions in a Likert scale. One section collected basic demographic data, as age and gender, students' profile as mobile devices users and their opinion on mobile learning advantages and disadvantages. Other section is about the interest regarding the activity of playing the EduPARK game in the park. Another section refers to the Educational Value Scale (EVS), and the last one is

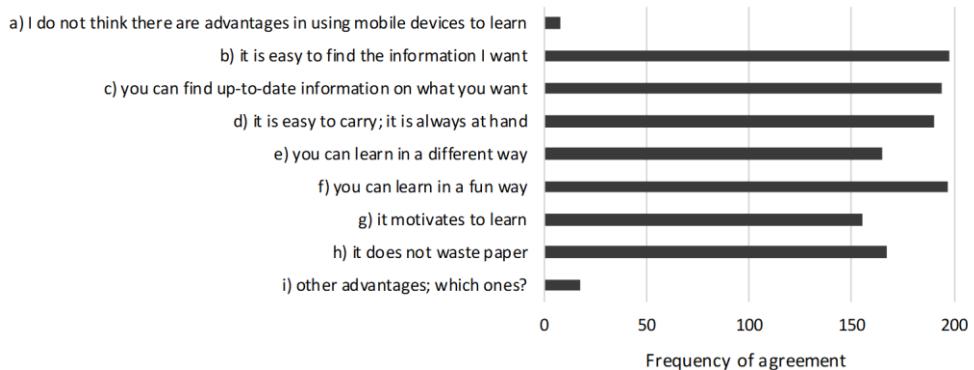
based on the System Usability Scale (SUS) (Brooke, 1996; Martins et al., 2015). As to data analysis, individual SUS scores and EVS score were computed according to Brooke (1996), with values varying from 0 to 100. In the present study, SUS scores were interpreted according to Sauro (2011) and to Bangor et al. (2009). The remaining data were analyzed through descriptive statistics. These sets of data were triangulated to provide a more comprehensive knowledge of students' opinion regarding mobile learning. This analysis will be presented in the next section.

5. RESULTS AND DISCUSSION

Students' age ranged from 10 to 16 years-old, being 48.4% of boys and 51.6% of girls. At the time of the activity, children were attending grade five to nine in the Portuguese Education System: 63.2% in grade five; 5.4% in grade six; 2.2% in grade seven; 27.4% in grade eight and 1.8% in grade nine. Grade five and grade eight were considered particularly suitable for learning in an urban park. This tendency can be associated with the National Curriculum for these years, as it prescribes learning related to the environment protection, ecosystems, biodiversity, etc.

Most students (85.8%) referred owning an Android mobile device, smartphone or tablet, and claimed they use mobile devices to learn either frequently (18.8%) or sometimes (67.8%). The remaining students (13.4%) mentioned they do not use mobile devices to learn at all. Most of children were already quite familiar with mobile devices and considered they were able to employ these technologies for learning. These results seem to support the literature that highlights the mobile devices proliferation (Chee, Yahaya, Ibrahim & Hasan, 2017), especially in what concerns school aged children.

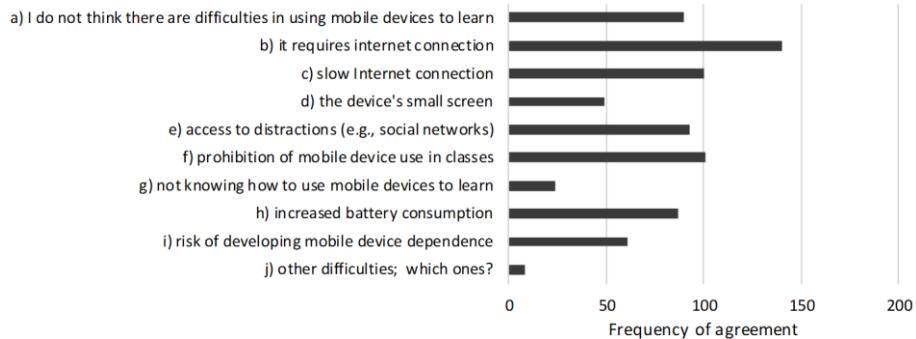
Students indicated a positive perspective regarding mobile learning, and Graphic 1 shows the agreement with each advantage sentence.



Graphic 1. Students' Opinion about Advantages in using Mobile Devices to Learn

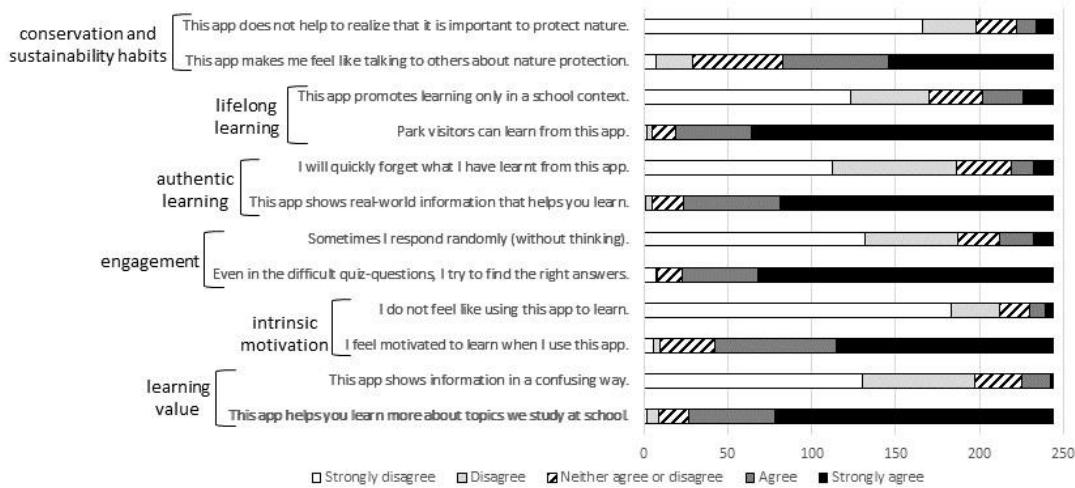
All sentences achieved a frequency of at least 150. Only 3.3% students did not recognize any advantage in mobile learning. Among the most acknowledged advantages are 'it is easy to find the information I want' (81.1%), 'you can learn in a fun way' (80.7%), and 'you can find up-to-date information on what you want' (79.5%). Moreover, 7.4% students added new advantages, such as the shortened time of information search when compared with other methods, not polluting the environment with the printers' toners, the fun they have when using mobile devices or even not being bored studying with the books.

Regarding the difficulties of mobile learning, Graphic 2 shows that 36.9% students did not recognize any difficulties in the use of mobile devices to learn. The most mentioned difficulties are the requirement of internet connection (57.4%) and its slowness (41.0%), and the prohibition of using mobile devices in schools (41.4%). The EduPARK project approach contributes to reduce all these constraints, as: i) the game supporting app was conceived for offline use, not requiring internet connection, so its slowness is not an issue; ii) promotes teachers' support in the use of mobile devices to learn; and iii) reduces students' use of other mobile devices software, as they are engaged with the game in the park (Pombo et al., 2017b). Finally, 3.3% students added new difficulties, such as one cannot always find what one is looking for, not understanding the vocabulary, or even the risk of dropping the mobile device and losing it. Almost all students (94.3%) considered the EduPARK activity interesting (27.9%) or very interesting (66.4%).



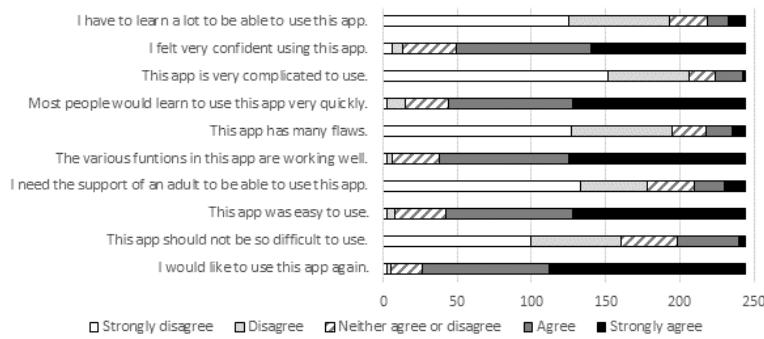
Graphic 2. Students' Opinion about Difficulties in using Mobile Devices to Learn

Graphic 3 summarizes children's opinion regarding the educational value of the EduPARK game. Their perception was positive, as, e.g., 90.2% students (strongly) agreed with the statement 'This app shows real-world information that helps you learn' and 86.9% (strongly) disagreed with the statement 'I do not feel like using this app to learn'. EVS score values ranged from 37.5 to 100, with an average of 83.8, which seems to be a high value, although more studies are needed to sustain that claim. The results seem to reveal that the EduPARK game has educational value for 2nd and 3rd CBE students.



Graphic 3. Second and third CBE students' opinion regarding the educational value of the EduPARK app

Regarding the indicators of learning value, 80.7% students (strongly) disagreed with the statement 'This app shows information in a confusing way' that assesses negatively the app's learning value. Similarly, opposite results can be found regarding the positive value attribution sentence. Similar results can be found for the remaining indicators. Graphic 4 summarizes children's opinion regarding the usability of the EduPARK app.

Graphic 4. 2nd and 3rd CBE Students' Opinion Regarding the Usability of the EduPARK app

Students' perception was positive, as, e.g., 82.8% students agreed or strongly agreed with the statement 'This app was easy to use' and 65.6% disagreed or strongly disagreed with the statement 'This app should not be so difficult to use'. SUS score values ranged from 30.0 to 100, with an average of 80.2, which is a higher value than the average SUS value (68) computed by Sauro (2011). Moreover, according to the classification of Bangor et al. (2009), the EduPARK app achieved a good-excellent usability for 2nd and 3rd CBE students.

6. CONCLUSION

The EduPARK project developed an innovative interactive mobile AR game to promote authentic interdisciplinary learning in a specific urban park being a resource with potential impact in schools, local community and tourism sector. This work reports the results of the EduPARK app and game implementation with 244 Basic Education students in outdoor activities organized by the project. The focus is students' opinion regarding mobile learning, as well as the educational value and usability of the app and game.

The results point to students' positive perspective regarding mobile learning in a population that owns personal mobile devices and claim to be able to use them for learning. Moreover, students valued mobile devices advantages of being easy to find up-to-date information, being motivating for learning and being easy to carry. Nevertheless, students acknowledged difficulties in the use of mobile devices to learn, such as needing an internet connection, its slowness, not being allowed to use mobile devices in schools. and the fact that they give access to distractions.

The EduPARK game achieved an average EVS of 83.8, indicating its high educational value. Additionally, it achieved an average SUS of 80.2, which comprises a good-excellent usability (Bangor et al., 2009), indicating that it is easy to use and promotes authentic learning in this target-public. Resources that combine this set of innovative features - such as being mobile, designed for outdoor use (namely in urban parks), with contextualized contents, supporting game-based geocaching activities and with AR contents - can be easy to use and may promote learning. These features (Akçayır & Akçayır, 2017; Burden & Maher, 2014; Martí & Mon, 2018; Qian & Clark, 2016; Sung et al., 2016) can be successfully integrated in methodologies to teach, in an authentic way, interdisciplinary and contextualized issues to Basic Education students in informal settings of their communities, such as urban parks.

This paper is a contribution to the literature on mobile game-based AR learning, as it includes empirical evidence regarding the effectiveness of the integration of new technologies in 2nd and 3rd CBE to promote students learning. It also bears the report of an example of excellent interdisciplinary educational materials – the learning game – that comprises a very useful tool for teachers and students to explore scientific knowledge by accessing appealing information on biological and historical references of a local urban park.

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