Electroweak phase transitions in multi-Higgs models: the case of Trinification-inspired THDSM

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ABSTRACT: The rich vacuum structure of multi-Higgs extensions of the Standard Model (SM) may have interesting cosmological implications for the electroweak phase transition (EWPT). As an important example of such class of models, we consider a particularly simple low-energy SM-like limit of a recently proposed Grand-Unified Trinification model with the scalar sector composed of two Higgs doublets and a complex singlet and with a global U(1) family symmetry. The fermion sector of this model is extended with a family of vector-like quarks which enhances CP violation. With the current study, we aim at exploring the generic vacuum structure and uncovering the features of the EWPT in this model relevant for cosmology. We show the existence of different phase transition patterns providing strong departure from thermal equilibrium. Most of these observations are not specific to the considered model and may generically be expected in other multi-Higgs extensions of the SM.
1 Introduction

According to Sakharov [1], among the important prerequisites for efficient generation of the observed baryon asymmetry in the early universe are (i) the baryon number ($B$) violating processes, (ii) sufficient $C$ and $CP$ violation, and (iii) the presence of a strong first-order phase transition. The search for an adequate model that is capable to accommodate all three conditions is one of the most active research directions in physics beyond the Standard Model (SM).
In fact, the first condition, $B$-number violation, is already satisfied within the SM framework due to the so-called sphaleron boundary crossing$^1$ [3, 4]: thanks to the anomalous fermion number, a jump between two physically equivalent but topologically different vacua leads to the creation of three baryons. This is the main motivation behind the electroweak (EW) baryogenesis (EWBG) mechanism, one of the most theoretically attractive and phenomenologically verifiable scenarios capable of explaining the baryon asymmetry in the universe.

For a detailed overview of the EWBG concepts and existing approaches, see e.g. Refs. [5, 6] and references therein.

While the Sakharov conditions (i) and (ii) are connected to the microscopic properties of the interactions in the underlying theory and are responsible for creation of a local excess of baryons over antibaryons in the cosmological plasma, due to the CPT-theorem such an excess would be quickly washed out unless the plasma was away from thermal equilibrium at the corresponding energy scale. A required departure from thermal equilibrium is realized e.g. by means of the first-order cosmological phase transitions through the nucleation of vacuum bubbles of a new EW-broken phase. So, for the efficient EWBG one expects that the first-order EW phase transition (EWPT) happens at the characteristic energy scale of the sphaleron ($B$-violating) processes in the early universe. These processes are active only outside the bubbles while inside them the Higgs field(s) get(s) non-vanishing vacuum expectation values (VEVs), thus, exponentially suppressing the $B$-violating reactions there. The criterion for washing out the sphaleron processes inside the bubbles in order for the created asymmetry not to be canceled by thermal equilibration at the surface reads

\[ \frac{v_c}{T_c} \gtrsim 1, \]  

where $v_c$ is the Higgs VEV inside the bubbles (or square root of the sum of the Higgs VEVs squares in models with several Higgs doublet fields), and $T_c$ is the critical temperature of the transition. One refers to transitions where Eq. (1.1) is satisfied as strong first-order phase transition, whereas others are denoted as weak transitions closed to a crossover.

The EWBG does not work in the conventional SM framework containing single Higgs doublet since it fails to satisfy the Sakharov conditions (ii) and (iii). Indeed, while the SM has some $C$ and $CP$ violation via the non-vanishing physical phase of the Cabibbo–Kobayashi–Maskawa (CKM) matrix, the latter predicts way too small baryon-to-entropy ratio compared to its observed value [7–9]. Moreover, in the SM, the Higgs mass of 125 GeV measured at the LHC [10, 11] implies that there is no first-order phase transition, only a crossover [12], thus, a sufficient departure from thermal equilibrium is not realised. These are the standard arguments that motivate an extension beyond the SM having an enhanced $C$ and $CP$ violation and enabling a strong first-order phase transition at the EW scale.

The observed baryon asymmetry has inspired a lot of models beyond the SM being actively developed during the last three decades. Already some of the simplest SM extensions have successfully brought the missing ingredients. On general grounds, the only way to reach

$^1$The baryon number current $j_B^\mu$ is not exactly conserved in the SM. Instead, it satisfies $\partial_\mu j_B^\mu = 3/(16\pi^2)F_{\mu\nu}F^{\mu\nu}$. [2].
a first-order EW phase transition is to extend the scalar sector of the SM by means of additional Higgs (EW doublet and/or singlet) fields which may also introduce additional sources of $CP$ violation due to non-trivial phases between different Higgs VEVs. Also, already in such simplest SM extensions as the real-singlet [13–17] and complex-singlet [18–21] extended SM the strength of the EW phase transition can become sufficient for the EWBG. The same effect was also studied in scalar conformal extensions of the SM [22]. Thus, the possibility for an efficient EWBG with a strong first-order phase transition is among the most attractive features in multi-Higgs extensions of the SM.

Particularly important examples of such extensions is the Two-Higgs Doublet Model (THDM) [23] (and, consequently, NHDM for $N$ doublets) and Singlet-Extended SM [18, 24–26]. There has been much work done on baryogenesis in THDM so far (see e.g. Refs. [27–33]) with the simplest source of dynamical $CP$ violation being the spatially varying phase of the top quark mass. An enhancement of $C$ and $CP$ violation in this type of models can be achieved via either complex Higgs VEVs [34–36], higher dimensional operators [37–40], or by introducing vector-like quarks [7, 41–43].

In general, the vacuum structure of multi-Higgs extensions of the SM [44] is very rich and typically is very difficult to explore. For example, the most general scalar potential of the THDM contains 14 parameters and exhibits various $CP$-conserving, $CP$-violating and charge-violating minima (see e.g. Refs. [23, 45–48]). Also, it is often a rather non-trivial task to find the key set of physical parameters of the potential by identifying and eliminating those parameters that emerge due to a freedom in choice of the basis. In practice, however, one often employs various simplifying assumptions such as by considering scenarios without a spontaneous $CP$ breaking in the Higgs sector and by imposing certain global (continuous or discrete) symmetries either in the Higgs sector only or in both Higgs and Yukawa sectors. One particularly simple scenario is the so-called Inert Doublet Model (IDM) [49–53] where an additional Higgs doublet $H_2$ is $Z_2$-symmetric $H_2 \leftrightarrow -H_2$. In this simple model, one accomplishes both the strong first-order EWPT and a suitable scalar Dark Matter candidate in one of the $H_2$ components simultaneously (see e.g. Refs. [54, 55] and references therein).

The additional symmetries not only simplify the study of multi-Higgs models but also enable to avoid potentially dangerous interactions leading e.g. to large (tree-level) FCNCs that are present in a generic NHDM [44]. Indeed, one of the ways to suppress FCNCs in a multi-scalar doublet model is to impose an ad hoc discrete symmetry on the couplings of quarks and leptons to the two doublets following Glashow and Weinberg [56], or by adding abelian gauge symmetries as discussed in [57] for a THDM. Another sufficiently generic way to avoid large FCNCs is the Minimal Flavor Violation (MFV) hypothesis [58–60] (see also Ref. [61]) providing a consistency with the flavor physics constraints without imposing any discrete symmetries. The EWBG in the MFV THDM has been thoroughly discussed in Ref. [62] where it was shown to be a challenge to get a large enough baryon asymmetry in this model.

Most of the existing models beyond the SM which aim at accommodating the EWBG mechanism typically predict new states at the EW scale, while the simplest models suffer
from a lack of experimental evidence, thus, further limiting their relevance [63]. This is why, since the pioneering works of the 80’s, more and more complicated models have been considered that may not only accommodate the EWBG but also explain other observed features such as strong hierarchies in the SM fermion spectra etc. A large majority of these models are built in a bottom-up approach, i.e. inspired by the SM, often extended in a minimal way. However, the existing phenomenological information which would have point out a correct pathway towards a consistent SM extension is rather scarce and insufficient, with no significant (or a few yet uncertain) observed deviations from the SM in collider measurements still leaving us with a landscape of possibilities.

The aim of our work is to show that Grand Unified Theories (GUTs), besides making a big step towards unification of fundamental interactions, may also be able to accommodate an efficient EWBG mechanism. While a direct access to physics of the GUTs is beyond the reach of laboratory measurements, they can be indirectly probed through their low-energy (e.g. collider and cosmological) implications. Our goal in this paper is to explore the EW phase transition in a SM-like effective field theory (EFT) inspired by such an attractive high-scale GUT as the Higgs-unified supersymmetric (SUSY) trinification (SHUT) with the global SU(3)$_F$ family symmetry proposed recently in Refs. [64, 65]. Here, we perform a case study of the minimal low-energy EFT of the SHUT model given by an effective THDM plus a singlet scalar (THDSM) augmented with a sector of light vector-like quarks (VLQ) and possessing a family-non-universal global U(1) symmetry in Higgs and fermion sectors (for other realisations of the THDSM scenario, see e.g. Refs. [66–69]). The basic features of the EW phase transition in this model are generic and can be attributed to a variety of other multi-Higgs SM extensions.

The paper is organised as follows. In Sect. 2, the basic elements and features of the considering THDSM are presented. In Sect. 3, we discuss the vacuum structure and classify the phase transitions in this model at tree level considering both the limit of vanishing singlet scalar and the complete $Z_2$-symmetric version of the THDSM. Sect. 4 is devoted to a discussion of the EWPT accounting for the complete one-loop (Coleman-Weinberg plus thermal) correction in the effective potential. In Sect. 5, a thorough numerical analysis of distinct features of the EWPT in the considering model has been performed. Final remarks and a summary of the main results are given in Sect. 6.

2 SHUT-inspired THDSM scenario

A novel set of trinification-based GUTs (or T-GUTs, in what follows) was proposed by some of the authors in both SUSY [64, 65] and non-SUSY realisations [70]. The minimal field content of each of these realisations transforms according to the gauge SU(3)$_C \times$ SU(3)$_L \times$ SU(3)$_R$ and global-family$^2$ SU(3)$_F$ symmetries, which are sequentially broken down to the

$^2$It is well known that global continuous symmetries are problematic. As already discussed in Refs. [64, 65] we take this as a simplistic approach of a complete anomaly-free model where the family symmetry is also local. We argue that the low-scale properties of such a complete model and its simplified version are
SM gauge group supplemented with an additional family symmetry. Such a sequential multi-stage breaking may be in principle achieved e.g. by means of the renormalization group (RG) evolution of the theory parameters as was demonstrated in the case of the spontaneous Left-Right (LR) symmetry breaking in the non-SUSY T-GUT in Ref. [70].

The non-SUSY model, with limited possibilities for realistic VEV settings, yields one generation of SM quarks and leptons massless\(^3\) after the EW symmetry breaking (EWSB) and contains a large amount of fine-tuning. Notably, the low-scale limit of the SHUT model does not suffer from any of such issues. This is a direct consequence of a larger field content and of the fact that a soft-SUSY breaking sector is naturally decoupled from the GUT scale determined by the mass terms in the superpotential. Indeed, a richer scalar field content of the SHUT model offers a possibility for an appropriate rank reduction, and the existence of a soft SUSY breaking scale well below the GUT scale stabilizes the hierarchy. Note, however, that the soft-SUSY breaking mass terms in the SHUT model do not necessarily need to be as small as the EW or even a few TeV scale as does happen e.g. in the MSSM. Instead, they sit at an intermediate scale sufficiently decoupled from the EW one such that the low-energy (SM-like) theory contains only a subset of the original heavy\(^4\) states. While a complete RG analysis of the T-GUT EFT scenarios accounting for their matching to the high-scale theory is beyond the scope of the present article, here we will focus on a simple minimal low-scale scenario inspired by the SHUT model and study its relevance for the EWPT.

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Table 1. Quantum numbers for the scalar and quark fields in the SHUT-inspired THDSM.

\(^3\)This is a result of accidental symmetries that emerge due to the interplay between the gauge and family ones.

\(^4\)We denote heavy states as those that are above or at the same order as the intermediate symmetry breaking scales.
As shown in Ref. [65], the field content of the low-scale EFT transforms according to the symmetry
\[ \text{SU}(3)_C \times \text{SU}(2)_L \times \text{U}(1)_Y \times \text{U}(1)_T , \] (2.1)
where the generator of the U(1)$_T$ symmetry is a remnant of the original SU(3)$_F$ family symmetry. In this article, we consider the minimal low-scale EFT limit of the SHUT model where the scalar sector is composed of two Higgs doublets and a complex singlet. As discussed in [65], with a minimum of three-Higgs-doublets the Cabibbo mixing is naturally emergent at tree-level in the CKM matrix with small deviations from unitarity resulting from quantum effects. While a THDM scenario can still provide a realistic mass spectrum, the CKM mixing can only be realized upon tuning of theory parameters. On the other hand, the scalar potential of a model with two doublets is rather simpler than its 3HDM extension and both share common features with respect to the EWPT.

In addition to the SM fermions, the model also contains one generation of vector-like quarks. Note, in the SHUT model there are three families of vector-like quarks. However, on the T-GUT symmetry breaking path down to the SM gauge symmetry, two of them become as heavy as the intermediate scale and are absent in the low-scale EFT spectrum. In what follows, in practical computations of the effective potential we will only account for the largest top and vector-like quark contributions such that the details and a discussion of the lepton sector in the considering model are omitted, for simplicity. The relevant field content and quantum numbers of the scalar and quark sectors in the considering SHUT-inspired THDSM are specified in Tab. 1.

The most general scalar potential allowed by the symmetry (2.1) in our THDSM scenario reads
\[
V [H_1, H_2, \Phi] = m_1^2 H_1^\dagger H_1 + m_2^2 H_2^\dagger H_2 + m_s^2 \Phi \Phi^* + \frac{\lambda_1}{2} (H_1^\dagger H_1)^2 + \frac{\lambda_2}{2} (H_2^\dagger H_2)^2 \\
+ \frac{\lambda_s}{2} (\Phi \Phi^*)^2 + \lambda_3 (H_1^\dagger H_1)(H_2^\dagger H_2) + \lambda_{s1} (H_1^\dagger H_1)(\Phi \Phi^*) \\
+ \lambda_{s2} (H_2^\dagger H_2)(\Phi \Phi^*) + \chi_3 (H_1^\dagger H_2)(H_2^\dagger H_1) \\
+ A_{HH\Phi} \left( e^{i\theta} H_1^\dagger H_2 \Phi^* + e^{-i\theta} H_2^\dagger H_1 \Phi \right) 
\] (2.2)
with $H_1, H_2$ and $\Phi$ defined as
\[
H_1 = \frac{1}{\sqrt{2}} \left( \begin{array}{c} \chi_1 + i\chi'_1 \\ \phi_1 + h_1 + i\eta_1 \end{array} \right) , \quad H_2 = \frac{1}{\sqrt{2}} \left( \begin{array}{c} \chi_2 + i\chi'_2 \\ \phi_2 + h_2 + i\eta_2 \end{array} \right) 
\] (2.3)
and
\[
\Phi = \tilde{\phi}_s + \frac{1}{\sqrt{2}} \left( S_R + iS_I \right) , 
\] (2.4)
with $h_1, \eta_1, \chi_1, \chi'_1, h_2, \eta_2, \chi_2, \chi'_2, S_R, S_I$ real scalars. As usual, $h_1$ and $h_2$ parametrize quantum fluctuations about the $\phi_1$ and $\phi_2$ real classical field configurations, whereas the $S_R$ and $S_I$ components represent the fluctuations about the complex classical field $\tilde{\phi}_s$.

Note that, in the SHUT model [65], the $H_1^\dagger H_2 \Phi^* + \text{h.c.}$ interactions do not originate from

– 6 –


the initial tree-level SHUT Lagrangian and thus can only be generated radiatively. It is then instructive to imply a regime where the coupling $A_{HH\Phi}$ is naturally suppressed in comparison to the remaining quartic couplings. Motivated by this observation, if one adopts a vanishing $A_{HH\Phi} \sim 0$ one recovers three approximate accidental $Z_2$ symmetries w.r.t. $H_1 \leftrightarrow -H_1$, $H_2 \leftrightarrow -H_2$ and $\Phi \leftrightarrow -\Phi$ separate transformations in the scalar potential (2.2), respectively.

The first two $Z_2$ symmetries w.r.t. switching the sign of each Higgs doublet are analogous to $Z_2$ in the IDM [49–52], but with an additional singlet $\Phi$ and an extra $U(1)_T$ symmetry in the scalar potential (for analysis of the EW phase transitions in the IDM, see Ref. [71]). In principle, a small but non-vanishing $A_{HH\Phi}$ could be responsible for transmitting the $U(1)_T$ breaking effect (by means of a VEV in $\Phi$) to the rest of the scalar sector. For the purposes of this work and for simplicity, below we discuss the exact $Z_2$ limit of this model unless noted otherwise.

The third $Z_2$ symmetry w.r.t. $\Phi \leftrightarrow -\Phi$ gives rise to the existence of a scalar Dark Matter (DM) candidate which could, in principle, be destabilized by a non-vanishing $A_{HH\Phi}$ coupling. Such a metastable DM candidate is a characteristic prediction of the considering THDSM model that could be studied in more detail elsewhere.

The physical Goldstone state, the familon, emerging due to the global family $U(1)_T$ symmetry breaking can become a pseudo-Goldstone one acquiring a very small mass due to nonperturbative interactions with the QCD vacuum, namely, with the gluon condensate. Indeed, the latter provides an additional contribution to the masses of scalar bosons through its interactions with the Higgs condensate. This contribution is negligibly small for massive scalars but is significant for the massless ones such as the Goldstone familon inducing its tiny pseudo-Goldstone mass, $m_F$. An order-of-magnitude estimate for the upper bound on the familon mass generated by such nonperturbative interactions reads

$$m_F^2 < \frac{\langle 0 | \frac{\alpha_s}{\pi} G_a G_{\mu \nu}^a | 0 \rangle}{\Lambda_F^2} \sim 1 \text{ MeV}^2$$

(2.5)

for the global family $U(1)_T$ symmetry breaking scale, $\Lambda_F$, taken to be at the EW scale, i.e. $\Lambda_F \sim 100$ GeV, for simplicity. $\alpha_s$ is the strong coupling constant in QCD, and $G_{\mu \nu}^a$ is the standard gluon stress-tensor. Provided such small typical values for the familon mass, in practical calculations it has been neglected compared to the masses of all other particles.
The Yukawa interactions and fermion bilinear terms in this model read

\[ \mathcal{L}_Y = \sum_{i=2}^{3} Y_{1i}^u Q_1^i H_1 u^i_R + \sum_{i=2}^{3} Y_{1i}^d Q_1^i H_1^d d^i_R + \sum_{i=2}^{3} Y_{1i}^t Q_1^i H_1^t t^i_R + \sum_{i=2}^{3} Y_{1i}^b Q_1^i H_1^b b^i_R \\
+ Y_{13}^d Q_1^d H_1^d d_{R}^3 + \sum_{i,j=2}^{3} Y_{ij}^u Q_1^i H_2^u u_{R}^{i,j} + \sum_{i=2}^{3} Y_{1i}^d Q_1^i H_2^d d_{R}^{i} + Y_{14}^d Q_1^4 H_2^d D_R \\
+ \sum_{i=2}^{3} Y_{1i}^d Q_1^4 H_1^d D_R + m_D D_L D_R + m_{dD} D_L d_{R}^3 \\
+ Y_{qD}^1 \Phi^* D_L d_{R}^1 + Y_{\bar{q}D}^2 \Phi D_L d_{R}^2 + \text{h.c.} \] (2.6)

Given the choice of light Higgs doublets and fixing the mixing among the original components of SU(3)$_R$ down-type quarks in the original SHUT model [65], the only Yukawa interactions already present at tree level are $Q_1^2 H_2^u u_{R}^{2,3}$ and $Q_1^3 H_2^u u_{R}^3$ for the up sector, and $Q_1^2 H_1^d d_{R}^3$ for the down sector. This can be seen by comparing our Yukawa interactions in Eq. (2.6) with the leading ones given in Eq. (C.20) of Ref. [65]. As a consequence of this choice, the $Y_{23}^u$, $Y_{32}^u$ and $Y_{23}^d$ are expected to be larger than the remaining loop-generated Yukawa couplings (just as $m_D \gg m_{dD}$ due to the same reason). We will then consider the leading tree-level Yukawa couplings at the EW scale to be of the order

\[ \mathcal{O}(10^{-2}) \leq Y_{23}^u, Y_{32}^u, Y_{23}^d \leq \mathcal{O}(1). \] (2.7)

Besides, in practical calculations we consider the VLQ decoupling limit, $|m_D| \gg v_{1,2}$. Keeping only the dominant Yukawa couplings in the mass forms, the physical quark masses simplify to

\[
\begin{align*}
    m_{u}^2 &= m_{d}^2 = m_{s}^2 = 0, \\
    m_c &\simeq \frac{v_2}{\sqrt{2}} |Y_{23}^u|, \\
    m_t &\simeq \frac{v_2}{\sqrt{2}} |Y_{32}^u|, \\
    m_b &\simeq \frac{v_1}{\sqrt{2}} |Y_{23}^d|, \\
    m_{t'} &\simeq \frac{1}{\sqrt{2}} |m_D|. \tag{2.8}
\end{align*}
\]

With such simple relations we can obtain approximate values for the leading Yukawa couplings and for the Higgs VEVs. In particular, using the PDG data for quark masses [72], $m_c = 1.27$ GeV, $m_b = 4.18$ GeV and $m_t = 173.21$ GeV, we can choose an example point $|Y_{23}^d| = 0.035$ from where we fix the values the VEVs and of the $|Y_{32}^u|$ and $|Y_{23}^u|$ Yukawa couplings as

\[
\begin{align*}
|Y_{23}^d| = 0.035 \Rightarrow \begin{cases} v_1 = 168.90 \text{ GeV} , \\
v_2 = 178.86 \text{ GeV} \end{cases} \Rightarrow \begin{cases} |Y_{32}^u| = 1.37 , \\
|Y_{23}^u| = 0.01 , \end{cases} \tag{2.9}
\end{align*}
\]

consistent with Eq. (2.7). Note that if we increase the value of $|Y_{23}^d|$ it results in a decrease of $|Y_{32}^u|$ that rapidly becomes too small for the estimated values of the leading Yukawa couplings in Eq. (2.7). As the freedom in Eq. (2.8) is limited, we consider that Eq. (2.9) is representative, but by no means unique, of the type of structure that we expect to
obtain in the current low-scale limit of the SHUT model. In our numerical analysis of the EWPTs below, we allow the VEVs \( \{v_1, v_2\} \) to vary such that they satisfy the EW

\[
v_2 = v_1^2 + v_2^2
\]

constraint and that the corresponding tree-level Yukawa couplings fulfill Eq. (2.7). Besides, the contributions of the lightest flavors \( u, d, c, s \) and \( b \) to the effective potential will be neglected keeping only the dominant contribution from the top quark while the VLQ provides a nearly field-independent contribution to the effective potential and thus can be omitted (for more details see below).

### 3 Vacuum structure and phase transitions at tree level

While the Higgs sector of the SM only allows for a second-order EW phase transition in the early universe, a typically rich vacuum structure of its multi-scalar extensions offers novel non-trivial possibilities for the EWSB via first-order transitions. In this section, as a first step, we focus our attention on the tree-level scalar potential of the SHUT-inspired THDSM model given by Eq. (2.2), systematically studying its vacuum configurations, (meta)stability conditions, its phase diagram as well as possible transitions between the different vacua.

#### 3.1 The limit of vanishing scalar singlet

Let us start by investigating a simpler THDM limit of the considering THDSM model. In particular, taking \( \Phi \equiv 0 \), the tree-level potential (2.2) with the doublets \( H_{1,2} \) replaced by the translation-invariant classical background fields \( \phi_1 \) and \( \phi_2 \) takes the simple form

\[
V_{\text{tree}}[\phi_1, \phi_2] = \frac{m_1^2}{2} \phi_1^2 + \frac{m_2^2}{2} \phi_2^2 + \frac{\lambda_1}{8} \phi_1^4 + \frac{\lambda_2}{8} \phi_2^4 + \frac{\lambda_{12}}{4} \phi_1^2 \phi_2^2
\]  

(3.1)

with \( \lambda_{12} \equiv \lambda_3 + \lambda_4 \). The conditions that warrant boundedness from below (BFB) read

\[
\lambda_1, \lambda_2 \geq 0, \quad \lambda_{12} \geq -\sqrt{\lambda_1 \lambda_2}.
\]

(3.2)

In what follows, it will be convenient to employ the shorthand notations

\[
C_{ij} \equiv m_i^2 \lambda_{ij} - m_j^2 \lambda_i, \\
L_{ij} \equiv \lambda_i \lambda_j - \lambda_{ij}^2,
\]

(3.3)

where \( i, j \in \{1, 2\}, \lambda_{ij} = \lambda_{ji}, C_{ij} \neq C_{ji} \).

Since the potential (3.1) solely depends on the real fields \( \phi_i \), we derive its extremum conditions (ECs) by solving the minimization equations \( dV/d\phi_i = 0 \), whose solutions provide the real and positive VEVs that we denote as \( (v_1, v_2) \) in terms of the model parameters. We are therefore left with four possible extrema: \( (0, 0) \), \( (v_1, 0) \), \( (0, v_2) \), \( (v_1, v_2) \). Given that the potential is form-invariant w.r.t. interchange \( \phi_1 \leftrightarrow \phi_2 \), we can focus on the three possibilities \( (0, 0) \), \( (v_1, 0) \) and \( (v_1, v_2) \), without any loss of generality. In what follows, we provide for
each of the phases the value of the potential $V_{\text{ext}}$, the ECs and the mass spectrum $\text{Sp}(M)$, with $M = M[\phi_1, \phi_2]$ being the Hessian matrix.$^5$

- (0, 0) case:
  $$V_{\text{ext}}^{\text{tree}} = 0, \quad \text{Sp}(M) = \{m_1^2, m_2^2\}. \quad (3.4)$$

- (v_1, 0) case:
  $$V_{\text{ext}}^{\text{tree}} = -\frac{m_1^4}{2\lambda_1}, \quad \text{Sp}(M) = \{-2m_1^2, -\frac{C_{12}}{\lambda_1}\}, \quad \text{EC} : \quad v_1 = \sqrt{-2m_1^2/\lambda_1}. \quad (3.5)$$

Note that in this case there is no mixing between different scalars.

- (v_1, v_2) case:
  $$V_{\text{ext}}^{\text{tree}} = \frac{m_1^4\lambda_2 + 2m_1^2m_2^2\lambda_{12}}{-2L_{12}}, \quad \text{EC} : \quad \begin{cases} \sqrt{2C_{21}/L_{12}}, \\ \sqrt{2C_{12}/L_{12}} \end{cases}, \quad \text{Sp}(M) = \frac{1}{L_{12}}\left(\lambda_1C_{21} + \lambda_2C_{12} \mp \sqrt{(\lambda_1C_{21} + \lambda_2C_{12})^2 - 4C_{12}C_{21}L_{12}}\right). \quad (3.6)$$

As always, if the eigenvalues of $M$ are all strictly positive we have a minimum but not necessarily the global one. Following the standard terminology, we then refer to a local minimum as a metastable one as opposed to the global stable minimum.

The structure of the scalar potential (3.1) allows for a mixing between $\phi_1$ and $\phi_2$ whose strength if given by the $\lambda_{12}$ (and thus $L_{12}$) parameter. Consequently, we have two scenarios in the phase diagram, as displayed in Fig. 1:

- The low-mixing (LM) scenario with $L_{12} > 0$ in the following three cases:
  1. $C_{12} > 0$ and $C_{21} < 0$,
  2. $C_{12} < 0$ and $C_{21} > 0$,
  3. $C_{12} > 0$ and $C_{21} > 0$.

For the first two cases, the system either “sits” above the upper blue line, i.e. in the $(v_1, 0)$-minimum, or below the lower blue line corresponding to the $(0, v_2)$-minimum, and such phases cannot coexist simultaneously and are both stable. For the third case, the $(v_1, v_2)$ minimum exists between the blue lines and is the only stable solution.

- The high-mixing (HM) scenario with $L_{12} < 0$ in the following three cases:
  1. $C_{12} < 0$ and $C_{21} > 0$,
  2. $C_{12} > 0$ and $C_{21} < 0$,

\footnote{Note that in the current section we are only interested in studying the Higgs vacuum of the theory. Therefore, the Hessian matrix is calculated only in terms of the classical background fields. Numerical analysis of the full spectrum for the complete potential will be done in the following sections below.}
3. $C_{12} < 0$ and $C_{21} < 0$.

While for the first two cases the $(v_1, 0)$ and $(0, v_2)$ minima cannot coexist similarly to the LM scenario, they become simultaneously compatible for the third case between the blue lines such that the stability of the extrema $(v_1, 0)$ and $(0, v_2)$ depends on the sign of the $C_{ij}$ parameters. When both minima are present, the global minimum is determined by the lowest value of the vacuum potential. In the third case, there is also an unstable extremum with both non-zero VEVs $(v_1, v_2)$ which implies

$$\lambda_1 C_{21} + \lambda_2 C_{12} + \sqrt{(\lambda_1 C_{21} + \lambda_2 C_{12})^2 - 4C_{12}C_{21}L_{12}} > 0,$$

yielding a negative eigenvalue in Eq. (3.6).

Note, for both LM and HM scenarios the $(0, 0)$ extremum is stable in the first quadrant with $m_1^2, m_2^2 > 0$ as is seen in Fig. 1.

**Figure 1.** Phase diagram for the THDM limit of the considering THDSM scenario. Here, stable means that the minimum is global whereas metastable that the minimum is local. The red arrows indicate second-order $O(2)$ or first-order $O(1)$ phase transitions. In the LM scenario, $L_{12} > 0$ (left), there are only second-order phase transitions at tree level, whereas in the HM scenario, $L_{12} < 0$ (right), there is a first-order phase transition realised across the red line.

The above properties of the LM and HM scenarios are summarized in the phase diagrams in Fig. 1, left and right panels, respectively.\(^6\)

In the HM scenario (right panel in Fig. 1), a first-order phase transition occurs when the system crosses the phase border $m_2^2 = \sqrt{\lambda_2/\lambda_1}m_1^2$ which is represented by a red line. Such a transition is basically the inversion of two different stable minima, i.e. $(v_1, 0) \leftrightarrow (0, v_2)$. In the LM scenario, there are only second-order phase transitions similar to the crossover

\(^6\)These diagrams are similar to the ones drawn in Ref. [45] for the case of the IDM, where the HM scenario corresponds to the case $R > 1$, and the LM scenario – to the case $-1 < R < 1$, with $R$ being the resulting mixing parameter of the theory.
occurring in the SM. Even if such transitions may become first order at one loop due to the effect of cubic terms in the quantum and thermal corrections, they are less likely to be strong. It is then a representative feature of the considering model having a first-order transition readily at tree-level, which, as we will see, may well be a strong one without relying on quantum effects. We note also that a transition between the LM and HM scenarios is mathematically expected when \( L_{12} \) evolves from positive (negative) to negative (positive) values. Furthermore, keeping the squared masses fixed, i.e. considering a given point in the phase diagrams in Fig. 1, a first-order phase transition may happen in the LM scenario when the blue lines \( C_{12} = 0 \) and \( C_{21} = 0 \) move due to variations of \( L_{12} \) between positive and negative values. However, thermal effects do not play a significant role in the evolution of the quartic couplings making this type of transitions insignificant unless a higher degree of fine tuning is concerned.

### 3.2 The phase diagram of the complete THDSM potential

Adding the complex singlet scalar field to the previously discussed toy-model THDM potential (3.1), the complete tree-level THDSM potential in terms of translation-invariant classical fields reads

\[
V[\phi_1, \phi_2, \phi_s] = \frac{m_1^2}{2} \phi_1^2 + \frac{m_2^2}{2} \phi_2^2 + m_s^2 \phi_s^2 + \frac{\lambda_1}{8} \phi_1^4 + \frac{\lambda_2}{8} \phi_2^4 + \frac{\lambda_s}{2} \phi_s^4 + \frac{\lambda_{12}}{4} \phi_1^2 \phi_2^2 + \frac{\lambda_{s1}}{2} \phi_1^2 \phi_s^2 + \frac{\lambda_{s2}}{2} \phi_2^2 \phi_s^2,
\]

where \( \phi_s = |\hat{\phi}_s| = \sqrt{[\text{Re}\hat{\phi}_s]^2 + [\text{Im}\hat{\phi}_s]^2} \). A straightforward extension of the BFB conditions found earlier for the case of vanishing singlet in Eq. (3.2) can be summarized as follows

\[
\lambda_1, \lambda_2, \lambda_s \geq 0, \quad \lambda_{12} \geq -\sqrt{\lambda_1 \lambda_2}, \quad \lambda_{s1} \geq -\sqrt{\lambda_1 \lambda_s}, \quad \lambda_{s2} \geq -\sqrt{\lambda_2 \lambda_s},
\]

and

\[
\left(\frac{1}{2} \sqrt{\lambda_1 \lambda_2 \lambda_s} + \lambda_2 \sqrt{\lambda_s} + \lambda_{s1} \sqrt{\lambda_2} + \lambda_{s2} \sqrt{\lambda_1}\right)
+ \sqrt{\frac{2}{\lambda_{12} + \sqrt{\lambda_1 \lambda_2}} \left(\lambda_{s1} + \sqrt{\lambda_1 \lambda_s}\right) \left(\lambda_{s2} + \sqrt{\lambda_2 \lambda_s}\right)} \geq 0
\]

which are in agreement with the generic conditions found in [73]. Now, there are eight possible extrema with the following structure: \((0,0,0)\), \((v_1,0,0)\), \((0,v_2,0)\), \((0,0,v_s)\), \((v_1,v_2,0)\), \((0,v_2,v_s)\), \((v_1,v_2,v_s)\), where \(v_1\), \(v_2\), \(v_s\) are the classical background fields \(\phi_1\), \(\phi_2\) and \(\phi_s\) at zeroth temperature \(T = 0\), respectively. Due to the symmetries of the potential, this set can be reduced down to four distinct cases with the following properties:

- \((0,0,0)\) case:

\[
V_{\text{tree}} = 0, \quad \text{Sp}(M) = \{m_1^2, m_2^2, 2m_s^2\}.
\]
• \((v_1,0,0)\) case:

\[
\lambda_{\text{ext}}^{(v_1,0,0)} = \frac{m_1^4}{2\lambda_1}, \quad \text{EC: } v_1 = \frac{-2m_1^2}{\lambda_1}, \quad \text{Sp}(M) = \left\{ -2m_1^2, \frac{-C_{12}}{\lambda_1}, \frac{-2C_{14}}{\lambda_1} \right\} \tag{3.12}
\]

• \((v_1,v_2,0)\) case:

\[
\lambda_{\text{ext}}^{(v_1,v_2,0)} = \frac{m_1^4 + m_1^4\lambda_2 - 2m_1^2m_2^2\lambda_2}{2L_{12}}, \quad \text{EC: } v_1 = \sqrt{\frac{2C_{21}}{L_{12}}}, v_2 = \sqrt{\frac{2C_{12}}{L_{12}}}, \quad \text{Sp}(M) = \left\{ \frac{1}{L_{12}}(\lambda_1C_{21} + \lambda_2C_{12} + \sqrt{(\lambda_1C_{21} + \lambda_2C_{12})^2 - 4C_{12}C_{21}L_{12}}), \right. \\
\left. \frac{2}{L_{12}}(\lambda_{s1}C_{21} + \lambda_{s2}C_{12} + m_s^2L_{12}) \right\}. \tag{3.13}
\]

• \((v_1,v_2,v_s)\) case:

\[
\begin{align*}
\xi v_1^2 &= -2\lambda_{12}C_{s2} - 2\lambda_{s1}C_{2s} - 2m_1^2L_{s2}, \\
\xi v_2^2 &= -2\lambda_{12}C_{s1} - 2\lambda_{s2}C_{1s} - 2m_2^2L_{s1}, \\
\xi v_s^2 &= -\lambda_{s1}C_{21} - \lambda_{s2}C_{12} - m_s^2L_{12},
\end{align*} \tag{3.14}
\]

where

\[
\xi = \lambda_1\lambda_2\lambda_s + 2\lambda_{12}\lambda_{s1}\lambda_{s2} - \lambda_s\lambda_{12}^2 - \lambda_2\lambda_{s1}^2 - \lambda_1\lambda_{s2}^2. \tag{3.15}
\]

Then, the eigenvalues of the Hessian matrix are the roots of a cubic polynomial, 
\(x^3 + bx^2 + cx + d\), with

\[
\begin{align*}
b &= -(v_1^2\lambda_1 + v_2^2\lambda_2 + 4v_s^2\lambda_s), \tag{3.16} \\
c &= v_1^2v_2^2L_{12} + 4v_1^2v_s^2L_{s1} + 4v_2^2v_s^2L_{s2}, \tag{3.17} \\
d &= -4v_1^2v_2^2v_s^2\xi. \tag{3.18}
\end{align*}
\]

For completeness we analyze all possible regimes which will be distinguished according to the signs of the \(L_{ij}\) and \(\xi\) parameters, as summarized in Tab. 2. The following conditions apply

\[
L_{ij} < 0 \Rightarrow C_{ij} < 0 \text{ or } C_{ji} < 0 \\
L_{ij} > 0 \Rightarrow C_{ij} > 0 \text{ or } C_{ji} > 0 \tag{3.19}
\]

and if e.g. \(L_{12} < 0\) then \((v_1,v_2,0)\) exists if and only if \(C_{21} < 0\) and \(C_{12} < 0\), because of Eq. (3.13). However, as noted before in Eq. (3.7), this implies that

\[
\frac{2}{L_{12}}(\lambda_1C_{21} + \lambda_2C_{12} + \sqrt{(\lambda_1C_{21} + \lambda_2C_{12})^2 - 4C_{12}C_{21}L_{12}}) < 0, \tag{3.20}
\]

and therefore \((v_1,v_2,0)\) is always unstable.

The same reasoning holds for \((v_1,0,v_s)\) and \((0,v_2,v_s)\) configurations. Therefore, if e.g. \((v_1,v_2,0)\) is to be a stable minimum, then we necessarily need \(L_{12} > 0\), which means that
\( L_{12} \) \( L_{s1} \) \( L_{s2} \) \( \xi \) Regime
\(- - - \pm \) HM regime (HMR)
\(+ - - - \) HM regime-1 (HMR-1)
\(+ - - + \) HM regime-2 (HMR-2)
\(+ + + + \) LM regime (LMR)
\(- + + + \) LM regime-1 (LMR-1)
\(- + + - \) LM regime-2 (LMR-2)
\(+ + + - \) LM regime-3 (LMR-3)

Table 2. Definition of all possible regimes.

\[ \lambda_{s1}C_{21} + \lambda_{s2}C_{12} + m^2_{12}L_{12} > 0 \] is required. However, the third extremum condition for the minimum \((v_1, v_2, v_s)\) in Eq: (3.14) can only be fulfilled if \( \xi < 0 \) for which \((v_1, v_2, v_s)\) becomes unstable. The minima \((v_1, v_2, 0)\) and \((v_1, v_2, v_s)\) are therefore always incompatible, with the same reasoning applying for \((v_1, 0, v_s)\) and \((0, v_2, v_s)\). On the contrary, in general, nothing prevents the compatibility of \((v_1, v_2, v_s)\) with \((v_1, 0, 0)\), \((0, v_2, 0)\) and \((0, 0, v_s)\) as well as \((v_1, 0, v_s)\) with \((0, v_2, v_s)\).

Finally, the existence of the minimum \((v_1, v_2, 0)\) in the case \( L_{12} > 0 \) requires \( C_{12}, C_{21} > 0 \) which is incompatible with the minima \((v_1, 0, 0)\) and \((0, v_2, 0)\), but not with \((0, 0, v_s)\). However, if e.g. \( L_{12} > 0 \) then either \( C_{12} > 0 \) or \( C_{21} > 0 \) which results in a non-compatibility of the minima \((v_1, 0, 0)\) and \((0, v_2, 0)\).

3.2.1 High-mixing transitions

- The HMR case

Similarly to what was found for the THDM limit of our model in Sect. 3.1, we define the HM regime (HMR) by

\[ \xi < 0, \quad L_{12}, L_{s1}, L_{s2} < 0, \]  

such that all the mixing parameters are negative. In this regime and in the case of three non-zeroth VEVs \((v_1, v_2, v_s)\), the negative \( \xi \) parameter defined in Eq. (3.15) implies \( d > 0 \) and \( c < 0 \) given by Eqs. (3.18) and (3.17), respectively. This means that, if there are three real roots, at least one of them is negative, thus the considered extremum \((v_1, v_2, v_s)\) is always unstable.

In the case of vanishing singlet VEV, the extremum \((v_1, v_2, 0)\) exists if and only if \( C_{12}, C_{21} < 0 \). As noted before in Eq. (3.20), this implies that \((v_1, v_2, 0)\) is always unstable as well. So, the HMR clearly forbids the existence of stable minima with two non-zeroth Higgs VEVs in the model.

The properties of the remaining vacua (such as their existence and stability) are summarized in Tab. 3, where the cases of two coexisting ones are shown in rows five to seven and three coexisting ones are in the last row. For such a class of scenarios,
<table>
<thead>
<tr>
<th>( m_1^2 )</th>
<th>( m_2^2 )</th>
<th>( m_s^2 )</th>
<th>Conditions on ( C_{ij} )</th>
<th>Minimum</th>
</tr>
</thead>
<tbody>
<tr>
<td>+</td>
<td>+</td>
<td>+</td>
<td>-</td>
<td>((0,0,0))</td>
</tr>
<tr>
<td>-</td>
<td>+</td>
<td>+</td>
<td>-</td>
<td>((v_1,0,0))</td>
</tr>
<tr>
<td>+</td>
<td>-</td>
<td>+</td>
<td>-</td>
<td>((0,v_2,0))</td>
</tr>
<tr>
<td>+</td>
<td>+</td>
<td>-</td>
<td>-</td>
<td>((0,0,v_s))</td>
</tr>
<tr>
<td>+</td>
<td>-</td>
<td>-</td>
<td>(C_{2s} &lt; 0)</td>
<td>((0,v_2,0))</td>
</tr>
<tr>
<td>+</td>
<td>-</td>
<td>-</td>
<td>(C_{s2} &lt; 0)</td>
<td>((0,0,v_s))</td>
</tr>
<tr>
<td>-</td>
<td>+</td>
<td>-</td>
<td>(C_{1s} &lt; 0)</td>
<td>((v_1,0,0))</td>
</tr>
<tr>
<td>-</td>
<td>+</td>
<td>-</td>
<td>(C_{s1} &lt; 0)</td>
<td>((0,0,v_s))</td>
</tr>
<tr>
<td>-</td>
<td>-</td>
<td>+</td>
<td>(C_{12} &lt; 0)</td>
<td>((v_1,0,0))</td>
</tr>
<tr>
<td>-</td>
<td>-</td>
<td>+</td>
<td>(C_{21} &lt; 0)</td>
<td>((0,v_2,0))</td>
</tr>
<tr>
<td>-</td>
<td>-</td>
<td>-</td>
<td>(C_{12} &lt; 0 \text{ and } C_{1s} &lt; 0)</td>
<td>((v_1,0,0))</td>
</tr>
<tr>
<td>-</td>
<td>-</td>
<td>-</td>
<td>(C_{21} &lt; 0 \text{ and } C_{2s} &lt; 0)</td>
<td>((0,v_2,0))</td>
</tr>
<tr>
<td>-</td>
<td>-</td>
<td>-</td>
<td>(C_{s1} &lt; 0 \text{ and } C_{s2} &lt; 0)</td>
<td>((0,0,v_s))</td>
</tr>
</tbody>
</table>

Table 3. The list of stable and metastable minima in the HMR case. The + and − symbols denote the sign of the corresponding mass squared parameters in the tree-level potential. Remark: \( L_{ij} < 0 \Rightarrow C_{ij} < 0 \) or \( C_{ji} < 0 \), ensuring that there always exists at least one stable minimum.

In the considering HMR case, the previously shown 2D phase diagrams of Fig. 1 correspond to the projections of the 3D phase diagram of the complete THDSM potential onto the planes defined by the origin and two axis. The transition line becomes a transition plane and any cosmological scenario can be followed through its projections. An illustrative way to represent such scenario is to draw a diagram \((H_1, H_2, \Phi)\) with arrows indicating the successive transitions from, e.g. the minimum \((0,0,v_s)\) (denoted as \(\Phi\)) to the minimum \((v_1,0,0)\) (denoted as \(H_1\)). An example of such diagram is given in Fig. 2 (a.1), for the case of the transition: \((0,0,v_s) \rightarrow (v_1,0,0) \rightarrow (0,v_2,0)\) (or \(\Phi \rightarrow H_1 \rightarrow H_2\), in short). We represent the tree-level first-order phase transitions by red arrows whereas blue arrows indicate the second-order transitions. We notice that the complete list of first-order transitions in the HMR case reads: \(H_1 \leftrightarrow H_2\), \(H_1 \leftrightarrow \Phi\), \(H_2 \leftrightarrow \Phi\) (see also Fig. 4 in a representation explained below).

Clearly, with more than two scalar fields the structure of the tree-level vacuum rather involved, even in the simplest case with the accidental \(\mathbb{Z}_2\) symmetry. In particular, we can expect a coexistence of several metastable states during the phase transition, as shown in the last four rows of Tab. 3. Furthermore, we can expect that there is a range of temperatures where the probability to roll down from a higher value of the
potential into two different metastable states with smaller values of the potential is similar, so that two different first-order phase transitions may be realized, leading to the nucleation of different types of vacuum bubbles at the same scale. We can even expect the nucleation of bubbles of metastable or stable vacua inside the bubbles of a metastable vacuum, in a slow two-step transition. Such exotic processes are not expected to affect baryogenesis due to the sphaleron suppression. We will further explore the interesting and unusual properties of such “nested” bubbles scenarios in a forthcoming work.

Figure 2. An example of the transition patterns in the HMR-1 (a.1) and HMR-2 (others). Red arrows denote the first-order phase transitions whereas blue ones represent second-order (or weak first-order) ones. Here, $H_1$, $H_2$, $\Phi$ are shorthand notations for the VEVs configurations $(v_1, 0, 0)$, $(0, v_2, 0)$, $(0, 0, v_s)$, respectively. A point in the plane $(H_1, H_2)$ corresponds to the configuration $(v_1, v_2, 0)$.

As discussed earlier in Sec. 2 a realistic model involving non-zero $u$ and $d$ quark masses requires non-vanishing values for both Higgs VEVs $v_1$ and $v_2$ at zero temperature. In the HMR case, one of the $v_{1,2}$ VEVs is zero at $T = 0$ yielding massless $u$ and $d$ quarks before any approximations on Yukawa couplings are taken into consideration. So, strictly speaking the stable vacuum solutions in the HMR are not compatible with a phenomenologically viable SM spectrum. In the current analysis, however, the $u$ and $d$ quark masses are neglected. So, the only valid motivation to go beyond the considered HMR case is to consider more general and representative vacuum configurations and transitions involving both $v_{1,2}$ Higgs VEVs such as $(0, 0, v_s) \rightarrow (v_1, v_2, 0)$.
• The HMR-1 case

Consider now what we denote as HM regime-1 (HMR-1) defined by

\[ \xi < 0, \quad L_{12} > 0, \quad L_{s1}, L_{s2} < 0, \quad (3.23) \]

with one positive mixing parameter. The projection of the 3D phase diagram onto the \((H_1, H_2)\) plane yields the 2D phase diagram of the LM regime of the THDM potential in Fig. 1 (left), whereas the projections onto the planes \((H_1, \Phi)\) and \((H_2, \Phi)\) give 2D phase diagrams similar to those discussed earlier in the HM regime of the THDM potential in Fig. 1 (right). The transition lines in these two diagrams are, in fact, intersections of the same transition plane, as illustrated in Fig. 3. As a consequence, it is possible to cross the transition plane without crossing the transition lines, as e.g. for the step \( (0, 0, v_s) \rightarrow (v_1, v_2, 0) \) illustrated in Fig. 2 (a.2). This leaves us the following complete list of first-order transitions in the HMR-1 case: \( (v_1, 0, 0) \leftrightarrow (0, 0, v_s), \quad (0, v_2, 0) \leftrightarrow (0, 0, v_s), \quad (0, 0, v_s) \leftrightarrow (v_1, v_2, 0) \) (see also Fig. 4 for a representation explained below).

Our study of the phase transitions was so far dedicated to a tree-level analysis of the scalar potential. Note that one-loop corrections may promote the tree-level second-order phase transitions to the first-order ones, in particular, due to the effect of cubic terms proportional to \( m^3(\phi)/T^3 \) emerging due to finite temperature corrections. However, such transitions are typically not strong. On the other hand, the first-order transitions already present at tree-level are expected to be strong. From the allowed first order phase transition found above, we can then identify four types of realistic transition patterns and corresponding tree-level expectations as follows:
\[ (0, 0, 0) \rightarrow (v_1, 0, 0) \rightarrow (v_1, v_2, 0) \]: can be of the second (or of the weak first) order (diagram b.1 or b.2 in Fig. 2).

\[ (0, 0, 0) \rightarrow (0, 0, v_s) \rightarrow (v_1, 0, 0) \rightarrow (v_1, v_2, 0) \]: second step is of the first order (diagram c.1 or c.2 in Fig. 2). In our numerical results in Sec. 5.2 below we found this transition to be of the first order.

\[ (0, 0, 0) \rightarrow (0, 0, v_s) \rightarrow (v_1, v_2, 0) \]: second step is of the first order (diagram a.2 in Fig. 2). In our numerical analysis below also shows that such transitions are the first-order ones.

\[ (0, 0, 0) \rightarrow (0, 0, v_s) \rightarrow (v_1, v_2, 0) \rightarrow (0, 0, v_s) \]: an example of a marginal process which rarely emerges in simulations but is similar to the others. The second and third steps are of the first order and, similarly to the previous one, our numerical analysis below also shows that such transitions are the first-order ones.

- **The HMR-2 case**

This case is similar to the HMR-1 except for a positive \( \xi \), i.e.

\[ \xi > 0, \quad L_{12} > 0, \quad L_{s1}, L_{s2} < 0. \] (3.24)

and is denoted as the HM regime-2 or, HMR-2, in short. This regime offers a possibility for a minimum in the three-VEV \((v_1, v_2, v_s)\) configuration. One should therefore add to the list of transitions in the HMR-1 given above the following possibly first-order transitions

\[ (v_1, v_2, v_s) \leftrightarrow (v_1, 0, 0), \quad (v_1, v_2, v_s) \leftrightarrow (0, v_2, 0), \quad (v_1, v_2, v_s) \leftrightarrow (0, 0, v_s), \]

which, as before, are building blocks for the physical pattern of the transitions.

### 3.2.2 Low-mixing transitions

- **The LMR case**

For the LM regime (LMR) the corresponding signs on the theory parameters are given in Tab. 2. In this case, there are no a priori forbidden minima. The possible first-order phase transitions are as follows:

\[ (v_1, 0, 0) \leftrightarrow (0, v_2, v_s), \quad (0, v_2, 0) \leftrightarrow (v_1, 0, v_s), \]
\[ (0, 0, v_s) \leftrightarrow (v_1, v_2, 0), \quad (v_1, v_2, 0) \leftrightarrow (0, v_2, v_s), \]
\[ (v_1, v_2, 0) \leftrightarrow (v_1, 0, v_s), \quad (v_1, 0, 0) \leftrightarrow (v_1, v_2, v_s), \]
\[ (0, v_2, 0) \leftrightarrow (v_1, v_2, v_s), \quad (0, 0, v_3) \leftrightarrow (v_1, v_2, v_s). \] (3.25)

Note that, for the LMR-3, while the \((v_1, v_2, v_s)\) minimum is unstable, the remaining transition patterns can be described by (3.25) removing the three instances where \((v_1, v_2, v_s)\) is present.
• The LMR-1 case

Similarly to what was done earlier to define the set of HM regimes, we now consider that, in a scenario where a LM dominates, we get two directions highly mixed such that e.g. \( L_{12} < 0 \). As such we denote this regime as the LM regime-1, or LMR-1 shortly. In this case the minima \((v_1, 0, 0)\) and \((0, v_2, 0)\) are compatible but \((v_1, 0, 0)\) and \((0, 0, v_s)\) – are not. This is due to vacuum stability requiring, respectively, that \( C_{1s} < 0 \) and \( C_{s1} < 0 \), which is excluded when \( L_{s1} > 0 \). Therefore, the allowed tree-level first-order phase transitions in this case are

\[
(v_1, 0, 0) \leftrightarrow (v_1, v_2, v_s), \quad (0, v_2, 0) \leftrightarrow (v_1, v_2, v_s), \quad (0, 0, v_s) \leftrightarrow (v_1, v_2, v_s),
\]

\[
(v_1, 0, 0) \leftrightarrow (0, v_2, v_s), \quad (0, v_2, 0) \leftrightarrow (v_1, 0, v_s),
\]

\[
(v_1, v_s) \leftrightarrow (0, v_2, v_s), \quad (v_1, 0, 0) \leftrightarrow (0, v_2, 0).
\] (3.26)

• The LMR-2 case

This regime, which we denote as the low mixing regime-2 (LMR-2), is similar to the previous one except for \( \xi < 0 \). Therefore, the difference for the LMR-1 is that the minimum \((v_1, v_2, v_s)\) is always unstable which means that all transitions involving it are discarded.

3.3 Pyramidal representation of the tree-level vacuum structure

It is instructive for the reader to represent all previously described tree-level first-order phase transitions in a visual manner. In this section, we introduce a geometrical representation constructed upon the following steps:

• Build a 3D basis and label three vectors \( H_1, H_2 \) and \( \Phi \).

• Draw one point on each axis: they represent the minima \((v_1, 0, 0)\), \((0, v_2, 0)\), \((0, 0, v_s)\) respectively.

• If e.g. \( L_{12} > 0 \) then place a point on the plane \((H_1, H_2)\). It represents the minimum \((v_1, v_2, 0)\). The same for the other two planes.

• If \( \xi > 0 \) then place a point in the middle of the graph: it represents the minimum \((0, 0, 0)\).

In the following we will derive simple rules to link these points, i.e. to visualize the possible transitions between the various minima. Instead of drawing 3D Cartesian coordinates it is more convenient to draw a pyramid viewed from the top as in Fig. 4. The vertices of the triangular basis correspond to the minima \((v_1, 0, 0)\), \((0, v_2, 0)\), \((0, 0, v_s)\), points on edges correspond to the minima \((v_1, v_2, 0)\), \((v_1, 0, v_s)\), \((0, v_2, v_s)\), and the point at the center (the “top” of the pyramid) represents the minimum \((v_1, v_2, v_s)\). For our purposes in this section the minimum \((0, 0, 0)\) is not indicated since there are no first-order phase transitions from such a minimum at tree-level.
Using such an illustrative pyramidal representation, we show how to construct all possible tree-level first-order phase transitions by linking the mentioned points within the pyramid.

- We have seen that if e.g. \((v_1, v_2, 0)\) configuration exists, then it is not compatible with neither \((v_1, 0, 0)\) nor \((0, v_2, 0)\). It was also observed that \((v_1, 0, 0)\) and \((0, v_2, 0)\) are also not compatible. This is translated into the following rule: if two vertices are separated by a point in the edge, then they are not linked. However, vertices are always linked with the opposite edge, if it exists, and it is always possible to link two edge points.

- We have seen that if e.g. \((v_1, v_2, 0)\) is a stable minimum, then \((v_1, v_2, v_s)\) cannot be stable. This is translated into the following rule: points on edges are never linked to the point at the center.

- We have seen that in general nothing prevents the compatibility of \((v_1, v_2, v_s)\) with \((v_1, 0, 0), (0, v_2, 0), (0, 0, v_s)\) configurations. This is translated into the following rule: vertices are always linked to the point at the center (if the latter exists).

The pyramidal representation of the six regimes are shown in Fig. 4. By symmetry, it exhaustively covers the tree-level vacuum structure of the scalar THDSM potential (3.8). By definition, the building blocks of a pyramidal diagram are one-step transitions that can be part of multi-step transition scenarios. For instance, one can realize \((v_1, 0, 0) \rightarrow (v_1, v_2, v_s)\) transition directly, or compose a multi-step transition like \((v_1, 0, 0) \rightarrow (0, v_2, 0) \rightarrow \)
In a sense, the pyramidal representation unifies previous studies of simple scalar extensions of the SM. Indeed, well-known $\mathbb{Z}_2$-symmetric extensions of the SM with three fields or less fit into this classification. In e.g. Ref. [15], a study of the HM regime in two dimensions is done, where the EWPT is realized in two-steps. Other interesting studies where two-step transitions are considered can be found in [74, 75] where, at variance to some of the scenarios considered in this article, are only strong first order in one of the two stages. On the other hand, Ref. [16, 46] proposes a study of the LM regime, where the transition takes place in a single step and is only of the first order due to one-loop effects. The distinction between both regimes is pointed out in Refs. [14, 45] in terms of tree-level and one-loop transitions. Finally, recent studies in two distinct versions of THDSM extensions of the SM [66, 69] consider the transition $(0, 0, v_s) \rightarrow (v_1, v_2, 0)$. In general, our classification for the phase transitions fits well into distinct variants of THDSM-type of models despite the existence of diverse variants with respect to their transformation laws or the presence of soft-symmetry breaking terms. Moreover, the THDM limit discussed in Sec. 3.1 can also be described in this classification. In particular, as represented in Fig. 5 we have two vertices corresponding to the extrema $(v_1, 0)$ and $(0, v_2)$ which can either be linked if there is no point between them (left), i.e. $(v_1, v_2)$ is not a minimum, or not linked if there is a $(v_1, v_2)$ minimum (right). As observed before, while in the latter case the situation with no link should be interpreted as the absence of a first-order phase transition corresponding to the LM regime in Fig. 1 for $L_{12} > 0$, the former one represents the HM regime, $L_{12} < 0$, and a first-order transition is possible between $(v_1, 0)$ and $(0, v_2)$ vacuum configurations. For a comprehensive and systematic analysis of the THDM, in particular its group theoretical and topological details as well as its vacuum properties both at zero and finite temperature, see Refs. [44, 76–78].

In our model, any cosmologically relevant scenario with a sequence of transitions should end up in either the $(v_1, v_2, 0)$ or $(v_1, v_2, v_s)$ vacua at $T = 0$. Furthermore, for a scenario to be of interest for baryogenesis, the relevant phase transition should start from a high-symmetric vacuum where the Higgs doublets do not have VEVs. Otherwise, the sphaleron processes that induce the baryon creation become way too suppressed. This can be realized in all regimes except the HMR.
In what follows, we are concentrated mostly on the HMR-1 case which is the simplest physically consistent scenario although it is not motivated by any specific physics argument so far. All other regimes discussed above (except for the HMR case which is simpler but unphysical) are also consistent but are much more complicated as can be seen from their pyramidal diagrams in Fig. 4. Indeed, they display a lot of possibilities including the most complicated vacuum structure with three non-zeroth VEVs \((v_1, v_2, v_s)\) (except for the LMR-2 case where it is unstable) that may be worth studying in the future. In particular, it would be very interesting to investigate the transition represented by a blue line, between e.g. \((0, v_2, v_s)\) and \((v_1, 0, v_s)\) minima.

4 The electroweak phase transition

4.1 One-loop corrections to the effective potential at finite temperatures

In Sec. 3 we have performed a systematic zero temperature analysis of the tree-level scalar potential in order to characterize the different regimes for which the first-order phase transitions are possible. However, for a comprehensive understanding of the phase transition phenomena we need to analyze how different vacua have evolved in a cooling Universe. Therefore, it is necessary to introduce the temperature dependence to the effective potential which, to leading order in perturbation theory has the following form [79, 80]

\[
V^{(1)}(T) = V_{\text{tree}} + V_{\text{CW}} + \Delta V^{(1)}(T). \tag{4.1}
\]

Here, the tree-level contribution, \(V_{\text{tree}}\), is given in Eq. (3.8). The second part, \(V_{\text{CW}}\), is the well-known zero-temperature Coleman-Weinberg potential

\[
V_{\text{CW}} = \sum_i (-1)^F n_i \frac{m_i^4}{64\pi^2} \left( \log \left[ \frac{m_i^2(\phi_\alpha)}{\Lambda^2} \right] - c_i \right), \tag{4.2}
\]

where \(F = 0(1)\) for bosons (fermions), \(m_i^2(\phi_\alpha)\) is the \(\phi_\alpha\)-field dependent mass of the particle \(i\), \(n_i\) is the number of degrees of freedom for the particle \(i\), \(\Lambda\) is a renormalization scale which will be taken to be the EW scale \(v \equiv \sqrt{v_1^2 + v_2^2} = 246\) GeV relevant for the EW phase transition, and, in the \(\overline{\text{MS}}\)-renormalization scheme, the constant \(c_i\) is equal to \(3/2\) for scalars and fermions, and to \(5/6\) for vector degrees of freedom. Finally, the necessary thermal corrections \(\Delta V^{(1)}(T)\) read [79]:

\[
\Delta V^{(1)}(T) = \frac{T^4}{2\pi^2} \left\{ \sum_b n_b J_B \left[ \frac{m_b^2(\phi_\alpha)}{T^2} \right] - \sum_f n_f J_F \left[ \frac{m_f^2(\phi_\alpha)}{T^2} \right] \right\}, \tag{4.3}
\]

where \(J_B\) and \(J_F\) are the thermal integrals for bosons and fermions, respectively, given by

\[
J_{B/F}(y^2) = \int_0^\infty dx \, x^2 \log \left( 1 + \exp[-x^2 + y^2] \right). \tag{4.4}
\]

Relevant details about the computation of these corrections, in particular, the resummation procedure [80], are given below and in Appendix A.
4.2 Thermal corrections

The field-dependent masses for the scalar sector at zero temperature are the eigenvalues of the Hessian matrix, \( M_{\alpha,\beta}^{2} = \frac{\partial^{2}V}{\partial \phi_{\alpha} \partial \phi_{\beta}} \mid_{\phi=0} \), with the potential \( V \) taken to be the \( \mathbb{Z}_{2} \)-symmetric version of the one given in Eq. (2.2), for simplicity. The field-dependent gauge boson masses read

\[
m_{Z}^{2}(\phi_{\alpha}) = \frac{\phi_{\alpha}^{2} + \phi_{\beta}^{2}}{4}(g_{Y}^{2} + g_{L}^{2}) ,
\]

\[
m_{W}^{2}(\phi_{\alpha}) = \frac{\phi_{\alpha}^{2} + \phi_{\beta}^{2}}{4}g_{L}^{2} ,
\]

where \( g_{L} \) and \( g_{Y} \) are the SU(2)\textsubscript{L} and U(1)\textsubscript{Y} gauge couplings of the SM, respectively. For the \( t \) and \( D \) quark masses, we adapt the corresponding relations from Eq. (2.8) where only the top-quark mass is field-dependent,

\[
m_{t}(\phi_{2}) \simeq \frac{\phi_{2}}{\sqrt{2}}|Y_{t2}| = y_{t} \frac{\phi_{2}}{\sqrt{2}} = \left( y_{t} \frac{v}{\sqrt{2}} \right) \frac{\phi_{2}}{\sqrt{2}} ,
\]

with \( y_{t} \) the SM Yukawa coupling for the top quark, and \( v \equiv \sqrt{v_{1}^{2} + v_{2}^{2}} = 246 \text{ GeV} \). The VLQ mass is fixed by the mass parameter \( m_{D} \) to the leading order as in Eq. (2.8). The latter implies that the VLQ contribution only adds a constant to the potential and can be discarded. We have checked in the numerical computation that the field-dependent contributions beyond the leading order to the mass of the VLQ are indeed completely negligible for \( m_{D} > 1 \text{ TeV} \).

In the high temperature limit, the thermal integrals can be expanded in powers of \( y \equiv m/T \) such as

\[
J_{B}(y^{2}) \simeq -\frac{\pi^{4}}{45} + \frac{\pi^{2}}{12}y^{2} - \frac{\pi}{6}y^{3} + \mathcal{O}(y^{4}) ,
\]

\[
J_{F}(y^{2}) \simeq -\frac{\pi^{2}}{24}y^{2} + \mathcal{O}(y^{4}) .
\]

At order \( y^{2} \), the thermal corrections reduce to

\[
\Delta V^{(1)}(T) = \frac{T^{2}}{24} \left\{ \text{Tr} \left( M_{\alpha,\beta}^{2} \right) + \sum_{i=W,Z} n_{i}m_{i}^{2}(\phi_{\alpha}) + \sum_{i=t} \frac{n_{i}}{2}m_{i}^{2}(\phi_{\alpha}) \right\} ,
\]

where we have dropped field-independent terms.

For the scalar sector contribution (first term in Eq. (4.8)), provided that the trace is basis invariant we can consider the diagonal elements of the mass matrix in the gauge basis. Therefore, the following 10 non-physical field-dependent masses for the scalar degrees of
The effective potential at freedom for the vector bosons and for the top (anti)quark are through the so-called resummation procedure. In Eq. (4.8), the numbers of degrees of change the shape of the potential but make the bare masses to run with the temperature.

in terms of the norms of the classical background fields \( \phi_{1,2,s} \). The corrections (4.8) do not change the shape of the potential but make the bare masses to run with the temperature. Those thermal masses will play an important role when including the higher order terms, through the so-called resummation procedure. In Eq. (4.8), the numbers of degrees of freedom for the vector bosons and for the top (anti)quark are

\[
n_H = 6, \quad n_Z = 3, \quad n_t = 12.
\] (4.10)

The effective potential at \( T \neq 0 \), \( V_{\text{eff}}(\phi_1, \phi_2, \phi_s, T) = V_{\text{tree}} + \Delta V^{(1)}(T) \) is then given by

\[
V_{\text{eff}}(\phi_1, \phi_2, \phi_s, T) = \mu_1^2(T)\frac{\phi_1^2}{2} + \mu_2^2(T)\frac{\phi_2^2}{2} + \mu_s^2(T)\phi_s^2 + \frac{\lambda_1}{2}\phi_1^4 + \frac{\lambda_2}{4}\phi_2^4 + \frac{\lambda_s}{2}\phi_s^4,
\] (4.11)

where the thermal masses read

\[
\mu_1^2(T) = m_1^2 + c_1 T^2, \quad \mu_2^2(T) = m_2^2 + c_2 T^2, \quad \mu_s^2(T) = m_s^2 + c_s T^2,
\] (4.12)

in terms of \( c_1, c_2 \) and \( c_3 \) coefficients

\[
c_1 = \frac{1}{48} (9 g_L^2 + 3 g_T^2 + 16 \lambda_1 + 8 \lambda_{12} + 8 \lambda_{s1}),
\]

\[
c_2 = \frac{1}{48} (9 g_L^2 + 3 g_T^2 + 12 y_L^2 + 16 \lambda_2 + 8 \lambda_{12} + 8 \lambda_{s2}),
\] (4.13)

\[
c_s = \frac{1}{6} (2 \lambda_s + \lambda_{s1} + \lambda_{s2}).
\]

Note, the Yukawa coupling \( y'_t \) does not appear in \( c_1 \) since in the considering THDSM model the top quark is coupled only to \( H_2 \).

### 4.3 Electroweak transition in the HMR-1 case: an analytic discussion

In the \((m/T)^2\)-expansion at order \((m/T)^2\), the only correction to the tree-level potential is due to the mass parameters’ dependence on \( T^2 \). This implies that, as temperature decreases,
the evolving squared-mass parameters are connected through linear relations. In the first approximation, a cosmological evolution can therefore be represented as a straight line in the phase diagram \((m_1^2, m_2^2, m_s^2)\).

Consider, for example, the phase transitions in the HMR-1 case considered above and which will also be investigated numerically in what follows. Defining the critical temperatures for the first step in the transition patterns \((0, 0, 0) \rightarrow (0, 0, v_s) \rightarrow \cdots\) (see e.g. diagrams a.2, c.1, c.2 in Fig. 2), which is the second-order \((O(2))\), as \(\tilde{T}_1, \tilde{T}_2, \tilde{T}_s\) such that

\[
\mu_1^2(\tilde{T}_1) = 0, \quad \mu_2^2(\tilde{T}_2) = 0, \quad \mu_s^2(\tilde{T}_s) = 0, \quad (4.14)
\]

this transition is realized if the following conditions hold:

\[
\tilde{T}_s > \tilde{T}_1 \quad \text{and} \quad \tilde{T}_s > \tilde{T}_2. \quad (4.15)
\]

Indeed, since the first step is of the second order, the transition only occurs when the other minimum appears (the two minima do not co-exist). In terms of mass parameters and the coefficients introduced in Eq. (4.13), such conditions are equivalent to

\[
-\frac{m_s^2}{c_s} > -\frac{m_1^2}{c_1} \quad \text{and} \quad -\frac{m_s^2}{c_s} > -\frac{m_2^2}{c_2}, \quad m_{1,2}^2, m_s^2 < 0. \quad (4.16)
\]

These are of particular interest since they correspond to the patterns whose second step in the breaking chain contains a first-order phase transition at tree-level, which is likely to be strong. In this case the transition does not occur when the other minimum appears but when it becomes the global one (when both minima are at the same value of the potential).

In particular, for the patterns

(A) : \((0, 0, 0) \overset{O(2)}{\rightarrow} (0, 0, v_s) \overset{O(1)}{\rightarrow} (v_1, 0, 0) \overset{O(2)}{\rightarrow} (v_1, v_2, 0),\) see Fig. 2 (diagram c.1),

(B) : \((0, 0, 0) \overset{O(2)}{\rightarrow} (0, 0, v_s) \overset{O(1)}{\rightarrow} (0, v_2, 0) \overset{O(2)}{\rightarrow} (v_1, v_2, 0),\) see Fig. 2 (diagram c.2),

(C) : \((0, 0, 0) \overset{O(2)}{\rightarrow} (0, 0, v_s) \overset{O(1)}{\rightarrow} (v_1, v_2, 0),\) see Fig. 2 (diagram a.2),

the critical temperature for the \(O(1)\) phase transition, \(T_c\), can then be analytically found by equating the vacuum potentials for each pattern, namely,

\[
V(0, 0, v_s; T_c) = V(v_1, 0, 0; T_c) \quad \Rightarrow \quad T_c^2 = \frac{\sqrt{\lambda_1 m_s^2} - \sqrt{\lambda_2 m_1^2}}{\sqrt{\lambda_s c_1} - \sqrt{\lambda_1 c_s}} \quad (4.17)
\]

for pattern (A),

\[
V(0, 0, v_s; T_c) = V(0, v_2, 0; T_c) \quad \Rightarrow \quad T_c^2 = \frac{\sqrt{\lambda_2 m_s^2} - \sqrt{\lambda_2 m_2^2}}{\sqrt{\lambda_s c_2} - \sqrt{\lambda_2 c_s}} \quad (4.18)
\]

for pattern (B), and

\[
V(0, 0, v_s; T_c) = V(v_1, v_2, 0; T_c) \quad \Rightarrow \quad AT_c^4 + 2BT_c^2 + C = 0 \quad (4.19)
\]

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for pattern (C), where

\[
A = c^2_2(\tilde{\lambda}_1\tilde{\lambda}_2 - 1)/\tilde{\lambda}_s - \tilde{\lambda}_1 c^2_2 - \tilde{\lambda}_2 c^2_1 + 2c_1 c_2 ,
\]

\[
B = m^2_s c_s(\tilde{\lambda}_1\tilde{\lambda}_2 - 1)/\tilde{\lambda}_s - \tilde{\lambda}_1 c_2 m^2_2 - \tilde{\lambda}_2 c_1 m^2_1 + m^2_1 c_2 + m^2_2 c_1 ,
\]

\[
C = m^4_s(\tilde{\lambda}_1\tilde{\lambda}_2 - 1)/\tilde{\lambda}_s - \tilde{\lambda}_1 m^4_2 - \tilde{\lambda}_2 m^4_1 + 2m^2_1 m^2_2 ,
\]

with \( \tilde{\lambda}_i \equiv \lambda_i/\lambda_{12} \) for \( i = 1, 2, s \). In our numerical analysis we only need to compute the first step in order to know when the transition begins (critical temperature of the second order phase transition) and which minima are involved, and then the second step in order to determine when the first-order transition occurs, i.e. the critical temperature. The third step in the chains (A), (B) and (C) is of the second order such that the same consideration is applied as for the first step. The corresponding critical temperatures are not relevant for the following discussion and thus are not computed.

Note that the condition (4.15) is sufficient but not necessary. In fact, exotic breaking patterns as \((0, 0, 0) \rightarrow (0, v_2, 0) \rightarrow (0, v_s) \rightarrow (v_1, v_2, 0)\) may also happen as well as certain patterns with symmetry restoration. However, such type of processes are rather rare in our numerical scans and we do not discuss them further on.

So far we have considered the one-loop thermal corrections only up to order \((m/T)^2\), while the higher-order thermal corrections may, in principle, be important. In general, in addition to the running of the physical couplings and masses with temperature, the shape of the potential may also be altered, offering a possibility to promote a transition that is of the second order at tree level (e.g. in the SM) to a first-order one at one loop. This is a result of a negative higher power correction proportional to \((m/T)^3\) in the high temperature expansion (4.7) of Eq. (4.4), which generates negative cubic terms in the field space creating a potential barrier between the existent tree-level minima. However, as it was noted in Refs. [14, 66] when considering the transitions already present at tree-level, the higher order corrections are not likely to significantly change the shape of the potential and thus the transition patterns, while the values of the critical temperatures and the VEVs may be shifted.

In section 5.2 we will use the results derived here to perform a comparison between the analytical expectations and a numerical scan that accounts for higher order corrections. A good agreement will be found, showing that, when considering tree-level first order phase transitions, the analytical procedure developed here is robust and can be useful in the search of interesting regions of the parameter space.

4.4 Bubble nucleation

The phase transition is a dynamical process corresponding to a non-trivial non-perturbative solution of the field equations of motion, the instanton [81, 82]. Such process can occur either through a thermal jump, in the high temperature limit, or by quantum tunneling at low temperature [81]. Both processes can be described by the same formalism as classical
motion in Euclidean space [83]. In particular, such a solution is described by the action,

$$\hat{S}_3 = 4\pi \int_0^\infty dr r^2 \left\{ \frac{1}{2} \left( \frac{d\hat{\phi}}{dr} \right)^2 + V(\hat{\phi}) \right\},$$

(4.20)

which can be assumed to be O(3)- symmetric in the high temperature limit [81]. Here, \( \hat{\phi} \) represents a solution of the Euclidean equation of motion found by computing the path that minimizes the energy [83, 84].

In the high temperature limit, the probability for \( \hat{\phi} \) to be realized reads [81]

$$\Gamma \sim T^4 \left( \frac{\hat{S}_3}{2\pi T} \right)^{3/2} \exp \left( -\frac{\hat{S}_3}{T} \right).$$

(4.21)

The temperature at which the transition does actually occur is not the critical temperature but, instead, the nucleation temperature, which can be much smaller than the former one. While the critical temperature is defined by the temperature corresponding to the degenerate minima, the nucleation temperature is the temperature where the probability to realize one transition per cosmological horizon volume is one, that is,

$$\Gamma / H^4 \sim 1,$$

(4.22)

with \( H \) being the Hubble constant. Following Refs. [79, 82], this translates into

$$\hat{S}_3 / T_n \sim -4 \log (T_n / m_P) \sim 140,$$

(4.23)

where \( m_P \) is the reduced Planck mass. This last relation defines the nucleation temperature. If the solution of Eq. (4.23) with respect to \( T_n \) is much smaller than \( T_c \), which is common in the case of strong first-order phase transitions, it is denoted as supercooling. On the other hand, if Eq. (4.23) has no solution then the transition never occurs [17] and the system gets trapped in a supercooled metastable state until zero temperature limit is reached in the course of cosmological expansion. Once at \( T = 0 \), the transition can still take place through quantum tunneling, however, such processes are beyond the scope of this article and are not further discussed here.

Finally, due to the supercooling property, we often witness a change in the transition pattern: while the critical temperature was defined by the possibility to transit from e.g. the phase \( (0, 0, v_s) \) to the phase \( (v_1, 0, 0) \), the nucleation process actually happens between the phase \( (0, 0, v_s) \) and the phase \( (v_1, v_2, 0) \). This can be understood by noting that at \( T_n \ll T_c \), the phase \( (v_1, 0, 0) \) is likely to have already changed into \( (v_1, v_2, 0) \).

Examples of first order phase transition are shown in Fig. 6 for three representative combinations of the physical scalar masses \( M_{h_2}, M_s \) and the coupling \( \lambda_2 \) (for a more detailed discussion of the scalar mass spectra and parameters, see Appendix B). The nucleation process never occurs in the case of the blue curve which is an example of a trapped system. For the case of the red curve, supercooled nucleation happens when \( T_n \ll T_c \) (intersection with the dashed line) and, for the case of the green curve, nucleation of vacuum bubbles takes place at \( T_n \simeq T_c \) without experiencing the supercooling effect.
Figure 6. Blue curve: trapped system. Red curve: supercooled transition. Green curve: transition with $T_n \simeq T_c$. These lines correspond to the individual parameter space points of the numerical scans specified in Tab. 4. Blue curve: $M_{h_2} = 275$ GeV, $\lambda_2 = 1.8$. Red curve: $M_{h_2} = 275$ GeV, $\lambda_2 = 2.8$. Green curve: $M_{h_2} = 200$ GeV and $M_s = 350$ GeV. The dashed line represents the $\hat{S}_3/T = 140$ condition: when it is crossed, the process of bubbles’ nucleation occurs.

5 Numerical analysis

5.1 Procedure

In this Section, we perform a numerical study of the phase transitions in our model using the public package CosmoTransitions [84] to analyse the tunneling solutions. Details of the implementation can be found in Appendix A. Here we provide an overview of the steps followed in our calculations:

1. In each of the scans we use the physical masses and VEVs as input parameters. In particular, we set the SM Higgs boson mass $M_h = 125.09$ GeV and the EW breaking VEV $v = 246$ GeV. Then, we perform three independent scans by randomly generating two independent parameters while keeping the remaining ones fixed as shown in Tab. 4.

2. We invert the constraint system given in Eq. (B.7) of Appendix B to obtain $m_1^2$, $m_2^2$, $m_s^2$ and $\lambda_{12}$. We check whether the solution sits in the HMR-1 case and that the minimum at $T = 0$ is $(v_1, v_2, 0)$. If not, we randomly generate another parameter point and repeat the process until both conditions are simultaneously satisfied.

3. We determine the shift in theory parameters necessary to balance the effect of the one-loop corrections. For this effect, using the CW potential, we extract its counterterms

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Table 4. The physical mass and coupling parameters used in the numerical scans.

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<th>Scan (( M_{h^2}, \lambda_2 ))</th>
<th>( M_{h^2}/\text{GeV} )</th>
<th>( M_s/\text{GeV} )</th>
<th>( \lambda_1 )</th>
<th>( \lambda_2 )</th>
<th>( \lambda_s )</th>
<th>( \lambda_{s_1} )</th>
<th>( \lambda_{s_2} )</th>
</tr>
</thead>
<tbody>
<tr>
<td>(150, 400)</td>
<td>150</td>
<td>0.6</td>
<td>[1, 4]</td>
<td>0.3</td>
<td>0.8</td>
<td>1</td>
<td></td>
</tr>
<tr>
<td>(150, 400)</td>
<td>[150, 500]</td>
<td>0.5</td>
<td>2.5</td>
<td>2.5</td>
<td>3</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td>(300)</td>
<td>[140, 500]</td>
<td>1</td>
<td>2</td>
<td>1</td>
<td>[1, 4]</td>
<td>( \lambda_{s_1} )</td>
<td></td>
</tr>
</tbody>
</table>

as detailed in Appendix A.

4. We then compute the full effective potential at \( T \neq 0 \). Using CosmoTransitions we track the possible minima in terms of the temperature. For each point in field space, we determine the numerical eigenvalues of the matrices \( A \) and \( G \) given in Eqs. (A.4) and (A.5), respectively, in order to extract \( M_s \) and \( M_{h^2} \). Then we calculate the \( J_{B/F} \) functions in its exact form and add up all contributions.

5. Finally, we extract the critical temperature, the nucleation temperature and classify the transition, saving this information. Then, we are able to identify the transition pattern and to compute the strength of the transition, as well as the nucleation temperature by solving \( \dot{S}_3/T_n = 140 \), where \( \dot{S}_3 \) is obtained using CosmoTransitions without assuming the thin-wall approximation. Note that, as pointed out in Ref. [66], the thin-wall approximation is not realistic for the supercooled transitions.

5.2 Results for the HMR-1 case

A major quest of our study is to determine whether the strong first-order phase transitions can happen in the considering model. This gains a particular relevance in the context of baryogenesis and production of gravitational waves as they can only occur if the phase transition is strong enough. The usual criterion for defining a strong first-order phase transition widely used in the literature is by means of the following ratio

\[
\frac{v_c}{T_c} \gtrsim 1, \tag{5.1}
\]

where \( v_c = v(T_c) \) is the value of the EW scale \( v \equiv \sqrt{v_1^2 + v_2^2} \) in the broken phase at the critical temperature \( T_c \). This criterion follows from the requirement of sphaleron suppression in the broken phase. Note that there is no very precise consensus on this value, which we found to vary between 0.6 and 1.5. In our case, due to the possibility of supercooling as discussed above, that is, \( T_n \ll T_c \), we replace the critical temperature by the nucleation temperature [17]

\[
\frac{v_n}{T_n} \gtrsim 1, \tag{5.2}
\]

where \( v_n = v(T_n) \). In fact, as bubbles are nucleated at \( T_n \), only then we can speak of baryon number violation at the boundary as well as gravitational waves production. Therefore, we consider that Eq. (5.2) is indeed the correct criterion to apply in our study. Since the VEVs do not significantly vary with temperature, the difference between the more realistic criterion (5.2) and the usual criterion (5.1) is mostly due to a difference between the critical
and the nucleation temperatures. In particular, noting that the nucleation temperature is smaller, the transition is expected to be stronger. We will show that in the case of a strong first-order transition involving the phase \((0, 0, v_s)\), the nucleation temperature is typically two times smaller than the critical temperature. We will therefore consider such transition to be strong, and thus relevant for baryogenesis, if

\[
\frac{v_c}{T_c} > 0.5. \tag{5.3}
\]

Given the lack of a precise consensus in the literature about this value we consider (5.3) adequate for our study.

Figure 7. Tree-level expectations obtained by implementation of the analytical results at order \((m/T)^2\) found above. Left: scan \((M_{h2}, \lambda_2)\). Center: scan \((M_s, M_{h2})\). Right: scan \((M_s, \lambda_{s1}, \lambda_{s2})\). The blue region represents the solutions where \(T = 0\) vacuum is not the EW one, or which are not in the HMR-1 case. The green region represents the solutions where the EWPT is of the second order at tree level. The red region represents the solutions with first-order phase transitions at tree-level, hence, they are expected to be strong.

In what follows we analyze three representative scans over the parameter space (see Tab. 4) in order to study interesting features of the considering SHUT inspired model. In Fig. 7 we show the tree-level expectations for each scan, i.e. using the analytical results to order \((m/T)^2\) in the high temperature expansion, which allow us to discriminate

i) the cases where the vacuum \((v_1, v_2, 0)\) is not developed at \(T = 0\) or when the HMR-1 case is not satisfied (blue region in Fig. 7);

ii) the cases where we expect a transition pattern starting from \((0, 0, 0) \rightarrow (0, 0, v_s)\) stage, therefore, the EWPT is of the first order at tree-level (red region in Fig. 7);

iii) and the cases where we expect a transition pattern starting by \((0, 0, 0) \rightarrow (v_1, 0, 0)\) or \((0, 0, 0) \rightarrow (0, v_2, 0)\) stages, meaning that, apart from marginal cases, the EWPT is of the second order at tree level (green region in Fig. 7).

In the following, we refer to the patterns \((0, 0, 0) \rightarrow (0, 0, v_s) \rightarrow \ldots\) as the strong patterns since they are already of the first order at tree level, and to the other patterns (not involving
the minimum \((0, 0, v_s)\) as the weak patterns as they are only of the second order at tree level.

The advantage of tree-level calculations with the corresponding results shown in Fig. 7 is that they are fast to perform on an ordinary computer. We use these results to quickly determine the potentially interesting regions of the parameter space. In general, the green regions (weak patterns) are characterized by very weak transitions, which owe their first-order character to the CW and thermal corrections only, in particular, due to the effect of loop-induced cubic terms. The red regions (strong patterns) correspond to usually very strong transitions, and often too strong in a sense that, as already pointed out in Refs. [17, 66], they suffer from supercooling which, in some cases, may prevent the bubble nucleation process.

Figs. 8, 10 and 11 show the results of the full computation including the higher order thermal corrections, the one-loop CW quantum contributions (A.11) and the counterterms (A.16). Each figure shows the type of the transition (i.e. the transition pattern), the strength of the transition \(v_c/T_c\), the critical temperature and the nucleation temperature.

**Parameter scan I: \((M_{h_2}, \lambda_2)\)**

This first scan is limited to a slice in the parameter space that corresponds to the tree-level predictions in the left panel of Fig. 7. According to Tab. 4, it is characterized by mixing couplings of order \(\lambda_{ij} \sim 1\). Note that the \(\lambda_{12}\) parameter, also of order one, is extracted from the conditions derived in Appendix B. We find a good agreement between the tree-level expectations and the characteristics of transitions computed accounting for the full thermal and loop corrections. In particular, while the green region in Fig. 7 corresponds to the light blue and pink regions of the top-left panel of Fig. 8, the red region in Fig. 7 corresponds to the red, blue, and yellow regions of the same top-left panel of Fig. 8. However, a discrepancy occurs for small values of the \(H_2\) mass, \(M_{h_2}\): while at \(T = 0\) the minimum \((v_1, v_2, 0)\) is expected at tree level, the thermal corrections may switch it to another irrelevant minimum, as e.g. \((0, 0, v_s)\) or even \((0, v_2, v_s)\). This can be seen in the sparser region at the bottom of the top-left panel. Such regions with relatively light BSM scalars \((m < 200\ \text{GeV})\) may, in addition, be well constrained by collider and flavor physics measurements which should then be taken into consideration in a more dedicated future study.

Referring now to the top-right panel of Fig. 8, we introduce a colour scale to represent the ratio \(v_c/T_c\), providing a measure of how strong a first-order phase transition can be. Here, we reject all points where the first-order transition is weak, that is \(v_c/T_c < 0.5\), thus not interesting for baryogenesis. Without surprise, the identified transitions \((0, 0, 0) \rightarrow (v_1, 0, 0) \rightarrow (v_1, v_2, 0)\), (light blue region on the top-left panel) and \((0, 0, 0) \rightarrow (0, v_2, 0) \rightarrow (v_1, v_2, 0)\) (pink region on top-left panel) are indeed too weak and do not fulfill the criterion for the sphaleron suppression. Such regions are now almost absent as we can see on the top-right panel of Fig. 8. On the other hand, the transition \((0, 0, 0) \rightarrow (0, 0, v_s) \rightarrow (v_1, v_2, 0)\)
Figure 8. **Top-left panel:** identification of the different types of transitions. **Top-right panel:** identification of strong first-order phase transitions. The colour scale on these panels indicates the ratio $v_c/T_c$. **Bottom-left panel:** the same as top-left panel but with dependence on the critical temperature represented by the colour scale. **Bottom-right:** identification of the strong first-order phase transitions where nucleation of bubbles occurs, with dependence on the nucleation temperature represented by the colour scale.

(yellow region on the top-left panel) can be very strong with $v_c/T_c$ predominately around 2-3 but also reaching larger values up to 10.

On the bottom-left panel of Fig. 8 we investigate the dependence on the critical temperature represented by the colour scale. There is a clear correlation between the type of phase transition, hence its strength, and the critical temperature. The stronger the transition,
the lower the critical temperature. In particular, for the pattern \((0, 0, 0) \rightarrow (0, 0, v_s) \rightarrow (v_1, v_2, 0)\), the critical temperature is usually below 100 GeV, while for the weak patterns it is mostly between 250 and 350 GeV.

Finally, for the bottom-right panel of Fig. 8, we impose a second cut where, among all the points satisfying the criterion for a strong first-order transition, the very strong ones where supercooling prevents nucleation, i.e. when \(\hat{S}_3/T = 140\) has no solution, are rejected. For the allowed transitions the nucleation temperature is much smaller than the critical temperature, which corresponds to the supercooled states represented by the red line in Fig. 6. We are then left with an interesting smaller region of the parameter space where the strength of the transition is \(v_c/T_c \sim 1\) and nucleation of bubbles is realized making such transitions possible candidates for baryogenesis.

We can now confront the numerical results obtained in Fig. 8 with what would be expected in the high temperature regime. In particular, we use the results obtained in Sec. 4.3 at order \((m/T)^2\), and perform an analytical scan using the following procedure:

i) Compute the critical temperatures of the three strong patterns using the analytical expressions in Eqs. (4.17), (4.18) and (4.19). There are at most four well-defined temperatures (two possibilities for pattern (C)).

ii) For each pattern, check that the initial and final phases exist and are stable, using the analytical expressions derived in Sec. 3.

iii) Compare the critical temperatures of the existing patterns and select the larger one.

The results displayed in Fig. 9, which only concern the strong patterns, show a good agree-
ment with the numerical scan for $M_{h_2} > 250$ GeV. However, some discrepancies with respect to the type of transition are noticed for smaller masses, which also includes a significant region between $2.0 \lesssim \lambda_2 \lesssim 2.5$ that is absent in the numerical scan. This clearly shows the limitations of the high temperature expansion, where we have $m(\phi)^2 \sim -M^2 + cT^2$, with $m(\phi)$ being the field-dependent mass that appears in the $(m(\phi)/T)$-expansion, and $M$ the physical mass (e.g. $M_{h_2}$). In fact, for the case of large $M_{h_2}$, the field-dependent masses are small at the transition stage, and the critical temperature is large, hence the expansion in $m(\phi)/T \sim O(0.1)$ is valid and yields a good agreement with the numerical results. On the other hand, for small $M_{h_2}$ we have $m(\phi)/T > 1$ due to large field-dependent masses. Therefore, when a transition of type (A) (blue dots) is analytically expected, it does not actually occur as a consequence of an overestimation of the critical temperature by the high-temperature expansion. In reality, the system has to “wait” for a smaller temperature when the phase $(v_1,0,0)$ becomes $(v_1,v_2,0)$, so that the transition $(0,0,v_s) \rightarrow (v_1,0,0)$ (blue dots) becomes $(0,0,v_s) \rightarrow (v_1,v_2,0)$ (yellow dots). This is the reason why we see several yellow dots in the numerical results not accounted for by the high-temperature expansion. Furthermore, it may also happen that the transition never occurs, which is why a lot of points in the range $2.0 \lesssim \lambda_2 \lesssim 2.5$ are lost. This example suggests that it is indeed important to consider the higher-order thermal corrections even for strong transitions already present at order $(m/T)^2$.

In summary, for the case of mixing couplings of order one, the first-order phase transition already present at tree level tend to be too strong preventing nucleation to occur as a result of supercooled metastable states. On the other hand, the first-order phase transition generated at one loop are too weak to be of interest for baryogenesis. The problem of too weak transitions is well-known, as e.g. in the SM, while the problem of too strong transitions was recently pointed out by Ref. [66] focusing on the transition pattern $(0,0,0) \rightarrow (0,0,v_s) \rightarrow (v_1,v_2,0)$ and by Ref. [17] in the $Z_2$-symmetric real-singlet extended SM, where the transition is also present at tree level.

Parameter scan II: $(M_s, M_{h_2})$

For the second scan we study how the thermal corrections affect the tree-level predictions shown in the middle panel of Fig. 7. Comparing with the top-left and the bottom-left panels of Fig. 10, where the colours have the same meaning as in Fig. 8, we observe that the full computation agrees with the tree-level one. As it was already observed, the patterns $(0,0,0) \rightarrow (0,v_2,0) \rightarrow (v_1,v_2,0)$ (pink region), as well as many of the points corresponding to the pattern $(0,0,0) \rightarrow (v_1,0,0) \rightarrow (v_1,v_2,0)$ (light blue region), are too weak and absent in both top-right and bottom-right panels in Fig. 10. Recall that, in addition to the weakly first-order phase transitions, the supercooling scenarios without nucleation of bubbles are also removed in the bottom-right panel, which only contains points where nucleation of bubbles takes place. However, there is a region where the pattern $(0,0,0) \rightarrow (v_1,0,0) \rightarrow (v_1,v_2,0)$ is strong enough to fit the criterion $v_c/T_c \sim 1$, where most of the points have the nucleation temperature close to the critical one.
The key differences between the current scan \((M_s, M_{h_2})\) and the previous one \((M_{h_2}, \lambda_2)\) are the values of the couplings and the mass of the singlet \(\Phi\). Here, the singlet is rather strongly coupled to the Higgs bosons originating from the Higgs doublets due to a much larger mixing than before, which explains why the pattern \((0, 0, 0) \rightarrow (v_1, 0, 0) \rightarrow (v_1, v_2, 0)\) being of the second order at tree level, may become a strongly first-order transition once the loop and thermal contributions are included. As a result of such large couplings, the higher order corrections are clearly non-negligible. With this analysis, we have shown that the

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Figure 10. **Top-left panel:** identification of different types of the phase transitions. **Top-right panel:** identification of strong first-order phase transitions. The colour scale indicates the ratio \(v_c/T_c\). **Bottom-left panel:** the same but with dependence on the critical temperature represented by the colour scale. **Bottom-right:** identification of strong first-order phase transitions where nucleation of bubbles occurs.
strong first-order phase transitions generated at one loop are expected in such multi-scalar models as the considering THDSM and need to be carefully accounted for. In other words, in order to fully characterize the phase transitions, it is not sufficient to solely rely on the strong patterns already present at tree level and summarized in Fig. 4.

Parameter scan III: \((M_s, \lambda_{s1}, \lambda_{s2})\)

![Figure 11](image)

**Figure 11.** Top-left panel: identification of different types of the phase transitions. Top-right panel: identification of strong first-order phase transitions. The colour scale indicates the ratio \(v_c/T_c\). Bottom-left panel: the same but with dependence on the critical temperature represented by the colour scale. Bottom-right: identification of strong first-order phase transitions where nucleation of bubbles occurs.
In the previous scan we have verified that larger values of the mixing parameters $\lambda_{s1}$ and $\lambda_{s2}$ have a significant impact on promoting the second-order phase transitions at tree level to strongly first-order ones at quantum level. Besides, we have observed that when those parameters are considered to be small, the interesting strong first-order phase transitions need to be present readily at tree level. For completeness, here we perform a third scan where we study the dependence on $M_s$, $\lambda_{s1}$ and $\lambda_{s2}$ parameters.

As it can be seen in Fig. 11, for small values of the singlet mass $M_s$ and its mixing couplings, those patterns where the phase transitions are of the weakly first order or of the second order at tree level (pink and light blue regions) remain weak after thermal and loop corrections are included, thus removed from both right panels of Fig. 11. On the other hand, larger values of the mixing parameters, where the strength of the couplings between the singlet and the doublet states becomes larger, results in strongly first-order phase transitions after thermal and loop corrections are applied, hence favourable for baryogenesis. So, it is typically easier to find a strong first-order phase transition when the mixing couplings are large providing an enhanced effect from additional scalars. This can be noticed in the bottom-right panel of Fig. 11, where the large mixing solutions are concentrated in the light-green triangular shaped region. As was mentioned above, for this type of points, the nucleation temperature tends to approach the critical one as one can see by comparing both panels on the bottom. In Fig. 11 (bottom-right panel) it is also possible to observe the supercooled scenarios with the strong first-order transitions for both small singlet scalar mass and small mixing couplings. This region matches that of the first scan and, as expected, is in agreement with the results discussed above.

Performing now a comparison with the second scan, if we go back to Fig. 10, which represents the results of a scenario where the mixing couplings are large, i.e. $\lambda_{s1} = \lambda_{s2} = 4$, we see that the strong tree-level patterns (yellow, blue and red bands of the top-left panel) disappear when $M_s \gtrsim 350$ GeV. A similar trend is observed in the top-left panel of Fig. 11 where the same bands survive almost up to $M_s \approx 400$ GeV but, in agreement with Fig. 10, fade away when $\lambda_{s1}$ and $\lambda_{s2}$ approach 4. However, in both Figs. 10 and 11 we see that large mixing couplings enhance the loop contributions whose effects transform weak tree-level patterns into strongly first-order phase transitions. All in all, we observe the same type of behavior as already discussed in the previous two scans.

It was the presence of strong first-order phase transitions at tree level that leads us to fix $M_s = 150$ GeV for the first scan, such that we could have plenty of interesting points to investigate. To clearly see this effect, if we recover the tree-level expectations for the first scan, but now choose four different values for the singlet mass, $M_s = 150$ GeV, 160 GeV, 180 GeV and 200 GeV, we observe again that with increasing $M_s$, the strong patterns at tree level tend to disappear as shown in Fig. 12. This behavior confirms that for larger values of $M_s$ we do need the thermal and loop corrections to trigger the strongly first-order phase transitions.

In summary, even knowing that strong patterns at tree-level are highly favoured by lighter singlets, we note that from the results of the second and third scans above that the depen-
Figure 12. Tree-level expectation for varying $M_s$. Other parameters are fixed as in Tab. 4 used for the previous scan ($M_{h_2}, \lambda_2$). From left to right: $M_s = 150$ GeV, 160 GeV, 180 GeV, 200 GeV. The color scheme is the same as in Fig. 7.

dence on $\lambda_{s1}$ and $\lambda_{s2}$ plays an important role in promoting the tree-level weak patterns to strongly first-order phase transitions at one loop. Therefore, we can conclude that, while a light singlet on its own favours the possibility for strongly first-order phase transitions, a heavy singlet is also not a problem due to the effect of loop and thermal corrections. In particular, it is due to thermal corrections that go beyond the leading $(m/T)^2$ order that such effects can be enhanced. Our results are complementary to those in Ref. [66] where only the leading contributions to the scalar potential were taken into account, restricting the possibilities to promote tree-level second-order phase transitions into one-loop strongly first-order ones, as the shape of the potential is unaffected (see also Sect. 4.3). However a complete phenomenological analysis is needed in order to fully validate our findings which is beyond the scope of this article and left for future work.

Finally, the existing experimental data may put strong constraints on the masses and interactions of light scalars. In a perspective, it would be interesting to check if these constraints are significant or not for baryogenesis in the considering THDSM. On the other hand, it is worth noticing that for the case of small mixing parameters making the light states hardly observable, baryogenesis can still be triggered by supercooled transitions.

Nucleation temperature

In Fig. 13 we show the nucleation temperature as a function of the critical temperature for each of the three scans above. The top panels show the cases of the ($M_s, M_{h_2}$) (left) and ($M_s, \lambda_{s1}, \lambda_{s2}$) (right) scans, where we have seen that the phase transitions tend to occur through the weak patterns where supercooling is not expected. This is why most of the points fall on (or close to) the line $T_n = T_c$. However, the strong patterns indicated by the yellow points also experience supercooling. Note that none of these cases involves the trapped supercooled states where $v_c/T_c \gtrsim 3$. On the other hand, the bottom-left panel, which represents the scan ($M_{h_2}, \lambda_2$), clearly shows the supercooling property of the strong patterns, in particular, for the yellow and red points that sit below the $T_n = T_c$ line. In this case, the nucleation temperature can be about two times smaller than the
Figure 13. The nucleation temperature versus the critical temperature. **Top-left:** results for the $(M_s,M_{h_2})$ scan. **Top-right:** results for the $(M_s,\lambda_{s1},\lambda_{s2})$ scan. **Bottom-left:** supercooling for the case of the $(M_{h_2},\lambda_2)$ scan (strong patterns). The dashed line represents the equality $T_n = T_c$. The color code is the same as in Fig. 8. **Bottom-right:** distribution of the points as function of $T_n/T_c$, for each scan.

critical temperature $T_c$. However, we also have the scenarios along the $T_n = T_c$ line which correspond to the points in the upper edge of the allowed region in the bottom-right panel of Fig. 8, that is, when $M_{h_2} \gtrsim 300$ GeV. This is summarized in the histogram on the bottom-right panel, where it is clear that $T_n/T_c \ll 1$ for the first scan and $T_n/T_c \simeq 1$ for the other two scans. It is also possible to see that the first scan clearly does not favour a particular ratio.

6 Conclusions

The vacuum structure of multi-scalar extensions of the SM exhibits a dramatic increase in complexity with the growing number of Higgs doublets and singlets. This happens even with the Higgs sectors possessing additional continuous and discrete symmetries. We have performed one of the first studies of phase transitions in a simple model containing more than two scalar fields, and found rather generic features of such transitions that are expected to emerge also in a variety of other multi-Higgs models.
As an example, in this work we have identified and classified various types of multi-step phase transitions that occur in the simplest low-energy limit of the supersymmetric Trinification-based GUT model containing two Higgs doublets, one complex singlet scalar as well as one generation of vector-like quarks. A particular simplicity of the tree-level potential in this model due to the presence of an additional (global) family $U(1)_T$ both in the Higgs and Yukawa sectors, as well as several $Z_2$ symmetries in the Higgs sector, enables a complete analytic investigation of its tree-level mass spectra and phase transitions in various regimes. We have exhaustively investigated the key features of the tree-level phase diagram in both cases with and without the complex singlet scalar and have elaborated a novel pyramidal representation of the tree-level vacuum structure as a useful geometric tool to identify the first-order phase transitions in such multi-scalar models.

The results of our comprehensive tree-level analysis were used as a useful guide in a complete one-loop study of the vacuum structure considering the effective potential at finite temperatures. Our numerical analysis accounts for the complete one-loop (Coleman-Weinberg) and thermal corrections and does not rely on the thin-wall approximation for the bubble properties. We have shown that the transitions that are of the first order at tree level are often too strong and suffer from supercooling. Nevertheless, significant regions of the parameter space are still relevant for baryogenesis through the bubble nucleation process. Besides, we have demonstrated that the tree-level second-order transitions can become of the strongly first order if the singlet scalar is strongly coupled to the Higgs doublets.

Our results show that multi-Higgs models display a lot of possibilities to fulfill the third Sakharov condition while the presence of the VLQ sector helps in satisfying the second Sakharov condition, both relevant for efficient baryogenesis. In a forthcoming paper, we will quantitatively study the details of baryogenesis in the considered THDSM and will also discuss its potential for gravitational waves production. The complexity of the scalar sector that we have investigated may also lead to unusual multi-steps transitions where several steps may be of the strongly first order, with interesting astrophysical consequences that will also be studied in a future work.

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A Coleman-Weinberg potential and thermal corrections at one loop

The full one-loop effective potential reads

$$V^{(1)}(T) = V_{\text{tree}} + V_{\text{CW}} + \Delta V^{(1)}(T),$$  \hfill (A.1)

where the Coleman-Weinberg (CW) contribution is

$$V_{\text{CW}} = \sum_i (-1)^F g_i \frac{m_i^4}{64\pi^2} \left( \log \frac{m_i^2}{\Lambda^2} - c_i \right),$$  \hfill (A.2)

and $\Delta V^{(1)}(T)$ is the $T$-dependent part of the one-loop correction given by Eq. (4.3).

We cannot use the previous trick of only computing the trace to obtain the field-dependent masses involved in the one-loop correction due to non-linear terms. The $10 \times 10$ Hessian matrix reads

$$\mathcal{M}^2 = \begin{pmatrix} A & 0 \\ 0 & G \end{pmatrix},$$  \hfill (A.3)

where

$$A = \begin{pmatrix} m_{h_1}^2(\phi_1, \phi_2, \phi_s) & \lambda_{12} \phi_1 \phi_2 & 2\lambda_{s1} \phi_1 \phi_s \\ \lambda_{12} \phi_1 \phi_2 & m_{h_2}^2(\phi_1, \phi_2, \phi_s) & 2\lambda_{s2} \phi_1 \phi_s \\ 2\lambda_{s1} \phi_1 \phi_s & 2\lambda_{s2} \phi_1 \phi_s & m_{R}^2(\phi_1, \phi_2, \phi_s) \end{pmatrix},$$  \hfill (A.4)

$$G = \text{Diag} (m_{\chi_1}^2(\phi_1, \phi_2, \phi_s), m_{\chi_2}^2(\phi_1, \phi_2, \phi_s), m_{\chi_1}^2(\phi_1, \phi_2, \phi_s), m_{\chi_2}^2(\phi_1, \phi_2, \phi_s), m_{S}^2(\phi_1, \phi_2, \phi_s)) \cdot (A.5)$$

The diagonal terms $m_{h_1}^2(\phi_1, \phi_2, \phi_s)$, $m_{h_2}^2(\phi_1, \phi_2, \phi_s)$, $m_{R}^2(\phi_1, \phi_2, \phi_s)$, $m_{\chi_1}^2(\phi_1, \phi_2, \phi_s)$, $m_{\chi_2}^2(\phi_1, \phi_2, \phi_s)$ and $m_{S}^2(\phi_1, \phi_2, \phi_s)$ are given by Eq. (4.9).

The last step is to improve the approximation by solving the problem of the perturbative expansion breakdown due to symmetry restoration. This is done by resumming the bosonic degrees of freedom [80], i.e. by replacing the field-dependent masses by

$$m_i^2(\phi_\alpha) \rightarrow m_i^2(\phi_\alpha) + \Pi_i(\phi_\alpha, T),$$  \hfill (A.6)

where $\Pi_i(\phi_\alpha, T)$ are the thermal corrections. We employ the truncated dressing of the effective potential, i.e. we compute the thermal masses to the leading order, as was already done in Sect. 4.2. For the physical fields, $m_i^2(\phi_\alpha) + \Pi_i(\phi_\alpha, T)$ are the eigenvalues of

$$A' = A + T^2 \text{Diag}(c_1, c_2, c_s),$$  \hfill (A.7)

where $c_1, c_2, c_s$ are given by Eq. (4.13). For the Goldstone bosons, $m_i^2(\phi_\alpha) + \Pi_i(\phi_\alpha, T)$ are the eigenvalues of

$$G' = G + T^2 \text{Diag}(c_1, c_1, c_2, c_2, c_s).$$  \hfill (A.8)
For the gauge bosons, the corrected masses are the eigenvalues of (see Ref. [85])

\[
M_{\text{SM}} + C_{\text{SM}} = \frac{\phi_1^2 + \phi_2^2}{4} \begin{pmatrix}
\frac{g_1^2}{2} & 0 & 0 & 0 \\
0 & \frac{g_2^2}{2} & 0 & 0 \\
0 & 0 & g_2^2 & -g_1 g_Y \\
0 & 0 & -g_1 g_Y & \frac{g_Y^2}{2}
\end{pmatrix} + \frac{11}{6} T^2 \begin{pmatrix}
\frac{g_1^2}{2} & 0 & 0 & 0 \\
0 & \frac{g_2^2}{2} & 0 & 0 \\
0 & 0 & g_2^2 & 0 \\
0 & 0 & 0 & \frac{g_Y^2}{2}
\end{pmatrix}.
\]  

(A.9)

The photon has zero mass but gets a thermal correction. Only the longitudinal polarizations have to be corrected.

The full one-loop corrections to the effective potential read

\[
V_{\text{CW}} = \sum_{\lambda_i(T) \in \text{Sp}(A') \cup \text{Sp}(G')} \frac{\lambda_i(T)^2}{64\pi^2} \left( \log \left[ \frac{\lambda_i(T)}{\Lambda^2} \right] - 3/2 \right) + \sum_{\lambda_i(T) \in \text{Sp}(M_{\text{SM}} + C_{\text{SM}})} \frac{\lambda_i(T)^2}{64\pi^2} \left( \log \left[ \frac{\lambda_i(T)}{\Lambda^2} \right] - 3/2 \right) \\
+ \sum_{\lambda_i(T) \in \text{Sp}(M_{\text{SM}})} \frac{2 \lambda_i(T)^2}{64\pi^2} \left( \log \left[ \frac{\lambda_i(T)}{\Lambda^2} \right] - 1/2 \right) - 12 \sum_{i=t} \frac{m_i^4(\phi_0)}{64\pi^2} \left( \log \left[ \frac{m_i^2(\phi_0)}{\Lambda^2} \right] - 3/2 \right) 
\]  

(A.10)

\[
\Delta V^{(1)}(T) = \frac{T^4}{2\pi^2} \left\{ \sum_{\lambda_i(T) \in \text{Sp}(A') \cup \text{Sp}(G')} J_B \left[ \frac{\lambda_i(T)}{T^2} \right] + \sum_{\lambda_i(T) \in \text{Sp}(M_{\text{SM}} + C_{\text{SM}})} J_B \left[ \frac{\lambda_i(T)}{T^2} \right] + \sum_{\lambda_i(T) \in \text{Sp}(M_{\text{SM}})} J_B \left[ \frac{\lambda_i(T)}{T^2} \right] \\
- 12 \sum_{i=t} J_F \left[ \frac{m_i^2(\phi_0)}{T^2} \right] \right\}.
\]  

(A.11)

Here, the top quark contribution is given in terms of its mass determined in Eq. (2.8) (for the field-dependent top mass, see Eq. (4.6)).

Due to the CW contribution, the VEVs and physical masses are shifted even at $T = 0$, which is not good since we want to keep under control the experimentally measured Higgs parameters. We should therefore add the counterterms in the potential to match the results derived at tree level, in particular, to retrieve the Higgs mass and VEV. The simplest way to do this is to add the following contribution to the one-loop effective potential

\[
V_{\text{ct}} = \frac{\delta m_1^2}{2} \phi_1^2 + \frac{\delta m_2^2}{2} \phi_2^2 + \delta m_4^2 \phi_4^2 + \frac{\delta \lambda_1}{8} \phi_1^4 + \frac{\delta \lambda_2}{8} \phi_2^4 + \frac{\delta \lambda_3}{2} \phi_3^4 \\
+ \frac{\delta \lambda_4}{4} \phi_1^2 \phi_2^2 + \frac{\delta \lambda_5}{4} \phi_1^2 \phi_3^2 + \frac{\delta \lambda_6}{4} \phi_2^2 \phi_3^2.
\]  

(A.12)

In the considered scenarios, $\phi_s = 0$ at $T = 0$. The contribution $V_{\text{ct}}$ reduces to

\[
V_{\text{ct}} = \frac{\delta m_1^2}{2} \phi_1^2 + \frac{\delta m_2^2}{2} \phi_2^2 + \frac{\delta \lambda_1}{8} \phi_1^4 + \frac{\delta \lambda_2}{8} \phi_2^4 + \frac{\delta \lambda_3}{4} \phi_1^2 \phi_2^2.
\]  

(A.13)

Then, two renormalization conditions are required to shift the VEVs:

\[
\left. \frac{\partial (V_{\text{CW}} + V_{\text{ct}})}{\partial \phi_1} \right|_{\text{VEVs}} = \left. \frac{\partial (V_{\text{CW}} + V_{\text{ct}})}{\partial \phi_2} \right|_{\text{VEVs}} = 0.
\]  

(A.14)
This implies that \( V_{\text{tree}} + V_{\text{CW}} + V_{\text{ct}} \) has the same minimum as \( V_{\text{tree}} \) at \( T = 0 \). Three additional conditions are required to shift the masses:

\[
\left. \frac{\partial^2 (V_{\text{CW}} + V_{\text{ct}})}{\partial \phi^\alpha \phi^\beta} \right|_{\text{VEVs}} = 0.
\]  

(A.15)

Since the matrix is symmetric, this provides three relations bringing the total number of equations to five, hence, \( V_{\text{ct}} \) is completely defined.

There is, however, a problem with this procedure since the Goldstone bosons' contributions introduce IR logarithmic divergences through terms proportional to \( \log m^2 \) at \( m = 0 \) (in vacuum). This indicates that the effective potential method is not a well-defined procedure when the Goldstone bosons are present. In fact, those IR divergences cancel when considering \( p \neq 0 \) diagrams [86] and one can show that dealing with the divergences in the effective potential approach is possible by introducing an IR cut-off.

Here, for simplicity and also to speed up the numerical calculations, we will follow the procedure in Ref. [19] and do not consider the conditions on the Hessian matrix. The latter is justified since the shifts of the couplings are rather small. The counterterms are obtained numerically by computing the derivatives of the CW potential such that

\[
\delta m_1^2 = -\frac{1}{v_1} \left. \frac{\partial V_{\text{CW}}}{\partial \phi_1} \right|_{v_1, v_2},
\]

\[
\delta m_2^2 = -\frac{1}{v_2} \left. \frac{\partial V_{\text{CW}}}{\partial \phi_2} \right|_{v_1, v_2}.
\]  

(A.16)

B Choice of a model from physical parameters

We recall that in the \((v_1, v_2, 0)\) vacuum the physical states read

\[
|H_1\rangle_{\text{broken}} = \cos \theta |H_1\rangle_{\text{unbroken}} + \sin \theta |H_2\rangle_{\text{unbroken}},
\]

\[
|H_2\rangle_{\text{broken}} = -\sin \theta |H_1\rangle_{\text{unbroken}} + \cos \theta |H_2\rangle_{\text{unbroken}},
\]

\[
|\Phi\rangle_{\text{broken}} = |\Phi\rangle_{\text{unbroken}},
\]  

(B.1)

where

\[
\tan 2\theta = \frac{2\lambda_{12} \sqrt{C_{12}} \sqrt{C_{21}}}{\lambda_1 C_{21} - \lambda_2 C_{12}}.
\]  

(B.2)

The VEVs of the unbroken states are

\[
v_1 = \sqrt{\frac{2 C_{21}}{L_{12}}}, \quad v_2 = \sqrt{\frac{2 C_{12}}{L_{12}}}.
\]  

(B.3)

The VEVs of the broken states are, therefore,

\[
v_{h1} = \cos \theta \sqrt{\frac{2 C_{21}}{L_{12}}} + \sin \theta \sqrt{\frac{2 C_{12}}{L_{12}}},
\]

\[
v_{h2} = -\sin \theta \sqrt{\frac{2 C_{21}}{L_{12}}} + \cos \theta \sqrt{\frac{2 C_{12}}{L_{12}}}.
\]  

(B.4)
Defining
\[ c_{12} \equiv \frac{C_{12}}{L_{12}}, \quad c_{21} \equiv \frac{C_{21}}{L_{12}}, \] (B.5)
the physical masses are as follows
\[ m^2(|H_1\rangle^{\text{broken}}) = \lambda_1 c_{21} + \lambda_2 c_{12} - \sqrt{(\lambda_1 c_{21} + \lambda_2 c_{12})^2 - 4c_{12}c_{21}L_{12}}, \]
\[ m^2(|H_2\rangle^{\text{broken}}) = \lambda_1 c_{21} + \lambda_2 c_{12} + \sqrt{(\lambda_1 c_{21} + \lambda_2 c_{12})^2 - 4c_{12}c_{21}L_{12}}, \]
\[ m^2(|\Phi\rangle^{\text{broken}}) = 2\lambda_s c_{21} + 2\lambda_s c_{12} + 2m_s^2. \] (B.6)

We identify the lightest state \(|H_1\rangle^{\text{broken}}\) with the SM Higgs boson of mass \(M_h\). The heaviest state \(|H_2\rangle^{\text{broken}}\) is the additional Higgs boson of mass \(M_{h_2}\) and the unmixed state is the complex singlet scalar of mass \(M_s\). We end up with the following mass relations:
\[ M_h^2 = \lambda_1 c_{21} + 2\lambda_2 c_{12} \]
\[ m_s^2 = 2\lambda_s c_{21} + 2\lambda_s c_{12}, \] (B.7)
where \(M_h = 125.09\) GeV and \(v = 246\) GeV. We take as input the following parameters:
\[ M_{h_2}, \quad M_s, \quad \lambda_1, \quad \lambda_2, \quad \lambda_s, \quad \lambda_{s1}, \quad \lambda_{s2}, \]
and we want to express the bare parameters of the potential as functions of these input parameters. The resolution of the second and third relations of Eq. (B.7) gives the quantities \(c_{12}\) and \(c_{21}\):
\[ c_{12} = \frac{1}{2} \frac{M_h^2 + M_{h_2}^2 - \lambda_1 v^2}{\lambda_2 - \lambda_1}, \]
\[ c_{21} = \frac{1}{2} \frac{M_h^2 + M_{h_2}^2 - \lambda_2 v^2}{\lambda_1 - \lambda_2}. \] (B.8)

Then the numerical resolution of the first relation gives \(\lambda_{12}\) and the last relation gives \(m_s\). Finally, the definitions of \(c_{12}\) and \(c_{21}\) allow to retrieve the mass squared parameters \(m_1\) and \(m_2\). All parameters are then unambiguously fixed and the mixing angle can be easily computed, as well as the VEVs of the physical fields \(v_h\) and \(v_{h_2}\).
References


