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Caffeine as a contaminant of concern: A review on concentrations and impacts in marine coastal systems

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**Credit authorship contribution statement**

Luis R. Vieira: Conceptualization, Formal analysis, Writing - original draft.

Amadeu M.V.M. Soares: Supervision, Resources, Writing - review & editing.

Rosa Freitas: Supervision, Conceptualization, Resources, Writing - review & editing.

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1 **Caffeine as a Contaminant of Concern: a review on**  
2 **concentrations and impacts in marine coastal systems**

3

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26 **Abstract**

27 Caffeine has been identified as emerging contaminant of concern due to its widespread  
28 occurrence in the aquatic environment and potential to be biologically active. Recently,  
29 these concerns have been translated in an increasing research on its occurrence and effects  
30 on biota. However, there is still a limited knowledge on the coastal and marine matrices  
31 and the implications of their presence in these ecosystems is not fully known. The present  
32 review aims to fill these knowledge gaps, analysing the existing literature regarding the  
33 occurrence, effects and potential risks of caffeine residues to coastal ecosystems,  
34 contributing to the risk assessment of this psychoactive drug in the aquatic environment.  
35 The analysed literature reported caffeine concentrations in the coastal ecosystems, raising  
36 high concerns about the potential adverse impacts on the ecological safety and human  
37 health. Caffeine has been found in tissues from coastal and marine biota including  
38 microalgae, coral reefs, bivalves and fish due to bioaccumulation after chronic, long-term  
39 exposures in a contaminated environment. Additionally, caffeine residues had been  
40 demonstrated to have adverse impacts on aquatic organisms, at environmentally realistic  
41 concentrations, inducing oxidative stress and lipid peroxidation, neurotoxicity, changing  
42 energy reserves and metabolic activity, affecting reproduction and development and, in  
43 some cases, causing mortality. Considering the increasing adverse impacts of caffeine  
44 pollution in the coastal environment, this review highlights the urgent need to minimize  
45 the increasing load of caffeine to the aquatic ecosystems; being imperative the  
46 implementation of scientific programs and projects to classify effectively the caffeine as  
47 a high-priority environmentally hazardous emerging pollutant.

48 **Keywords:** Caffeine; Risks; Effects; Coastal Ecosystems

## 49 1. INTRODUCTION

50 The industrial revolution had an important and unquestionable contribution to human  
51 comfort and welfare. However, this reality was accompanied by an increasing demand  
52 for anthropogenic activities, resulting in the production and use of new chemicals with  
53 consequent release and contamination of aquatic ecosystems (Rocha et al., 2018). In this  
54 context, in the last decades, pharmaceuticals were responsible for saving millions of lives.  
55 However, the increasing demand has emerged pharmaceuticals as a new class of  
56 environmental contaminants, being increasingly reported in almost all environmental  
57 matrices on every continent, including lakes, rivers, streams, estuaries and seas (Patel et  
58 al., 2019; Korekar et al., 2020). Recent evidences have highlighted the potential of these  
59 contaminants to be harmful for environmental health (Patel et al., 2019), with a rising  
60 concern on the preservation of aquatic ecosystems.

61 Among the most frequently detected pharmaceuticals in the aquatic compartments, it is  
62 possible to highlight analgesics, antibiotics, lipid regulators, anticancer drugs,  
63 antiepileptics/anticonvulsants, psychopharmacological agents, contraceptive hormones  
64 and  $\beta$ -blockers (Ayscough et al., 2000; Fatta-Kassinos et al., 2011; Kümmerer, 2001;  
65 Nikolaou et al., 2007). In addition to these classes of pharmaceutical compounds, central  
66 nervous system stimulants are also frequently detected in environmental compartments  
67 at relevant concentrations. Among the compounds of this class is caffeine (1,3,7-  
68 trimethylxanthine), a natural alkaloid occurring in a wide variety of plants (Cappelletti et  
69 al., 2015; Mustard et al., 2012). Caffeine occurs naturally in approximately 60 plant  
70 species and it is a highly used stimulant contained in coffee, tea, caffeinated beverages as  
71 well as in several pharmaceutical products (Buerge et al., 2003; Fent et al., 2006; Gilbert,  
72 1984; Moore et al., 2008; Palo and Choudhury, 2006), and it has been identified in  
73 different aquatic environments (Buerge et al., 2003; Sauvé et al., 2012). The caffeine

74 concentrations in numerous consumed products ranges from 36-804 mgL<sup>-1</sup> in coffee; 17-  
75 551 mgL<sup>-1</sup> in chocolates; 13-68 mgL<sup>-1</sup> in ice tea drinks; 267-340 mgL<sup>-1</sup> in energetic  
76 drinks; 15-448 mgL<sup>-1</sup> in coffee-based beverages and 1002-1353 mgL<sup>-1</sup> in food  
77 supplements (Korekar et al., 2020; Rudolph et al., 2012). Recently, acetaminophen, an  
78 analgesic and antipyretic drug, has been combined with caffeine, which increases the  
79 pain-relieving effect. Due to its widespread use, its concentration in the water bodies has  
80 increased in the last two decades (Korekar et al., 2020).

81 The main recognized sources of this psychoactive drug in the aquatic environment include  
82 wastewater excretory residues, inappropriate deposition of expired or unwanted caffeine  
83 containing pharmaceutical products, manufacturing plant wastes, hospital wastes, within  
84 others (Cruz et al., 2016; Froehner et al., 2011). During wastewater treatment, caffeine  
85 generally shows excellent removal efficiency (Li et al., 2020), however, and because of  
86 its significant and increasing consumption, the input of this substance into the aquatic  
87 systems is much higher than that which is degraded (Zhou et al., 2018). Caffeine is  
88 relatively stable under different conditions, including seawater, having high-water  
89 solubility (approximately 13.0 g/L), low octanol-water coefficient ( $\log k_{ow} = -0.07$ ), low  
90 volatility (Beltrame et al., 2018; Edwards et al., 2015; Lin et al., 2009) and a reported  
91 half-life of 100–240 days (Hillebrand et al., 2012), favouring its dispersion in the aquatic  
92 environment. Due to its high consumption coupled with its relative stability under  
93 environmental conditions, it is currently recognized as a marker of anthropogenic activity  
94 (Buerge et al., 2003; Quadra et al., 2020), being reported in several types of matrices,  
95 such as freshwater, estuarine and seawater, sediments and biota (Benotti and Brownawell,  
96 2007; Buerge et al., 2003; Ferreira et al., 2005; Peeler et al., 2006; Sauvé et al., 2012). As  
97 a consequence, the research on its occurrence and effects on biota has increased in the  
98 last years. The presence of caffeine in freshwater has been significantly more widely

99 studied (ex. Korekar et al., 2020; Hillebrand et al., 2012), with special focus on  
100 wastewater treatment plants (WWTPs) discharges (e.g. Afonso-Olivares et al., 2017; Ajo  
101 et al., 2018; reviewed by Dafouz et al., 2018 and Li et al., 2020). Compared to the research  
102 conducted in freshwater ecosystems, where concentrations of caffeine can be found up to  
103 1500 ng/L (Buerge et al., 2003; Sauvé et al., 2012), there is still a limited knowledge  
104 regarding coastal and marine matrices and the implications of caffeine presence in these  
105 ecosystems is not fully known (among others del Rey et al., 2012; Sauvé et al., 2012).  
106 The present review aims to fill these knowledge gaps, analysing the existing literature  
107 regarding the occurrence, effects and potential risks of caffeine residues in marine and  
108 coastal ecosystems (including transitional waters), contributing to the risk assessment of  
109 this psychoactive drug in the aquatic environment.

110 For the manuscript preparation, ISI Web of Knowledge and SCOPUS were the platforms  
111 used, searching a combination of keywords including “caffeine AND marine”; “caffeine  
112 AND estuarine”, “caffeine AND marine AND effects”, “caffeine AND coastal AND  
113 effects”. The compiled studies were reviewed and a total of 86 studies published after  
114 2001 were considered (Figure 1).

115

## 116 2. OCCURRENCE OF CAFFEINE IN COASTAL AND MARINE 117 ENVIRONMENTS

118 An increasing number of studies has confirmed the presence of caffeine in different  
119 aquatic environmental compartments, raising concerns about the potential adverse effects  
120 to wildlife. Caffeine contamination levels in coastal and marine environments has been  
121 estimated by analysing sediments and water (Nodler et al., 2014). These monitoring  
122 studies are necessary to assess spatial and temporal caffeine concentrations, identifying  
123 sources and, also, predicting bioaccumulation and toxicity to biota (Li et al., 2020; Roveri  
124 et al., 2020). The highest caffeine concentrations in aquatic ecosystems were reported in  
125 freshwater environments, as early as 1978 (Cain et al., 1980; Rogers et al., 1986),  
126 representing by far the majority of research works published (e.g. Alidina et al., 2014;  
127 Castiglioni, et al., 2018; French et al., 2015; Korekar et al., 2020; Li et al., 2020). In  
128 contrast, comparable analytical data from coastal and marine environments remains  
129 scarce.

130 In the present review, a total of 49 studies reported caffeine concentrations in marine and  
131 coastal waters (including estuaries) and sediments (Table 1). The highest detected  
132 concentration found in seawater water was 11000 µg/L, reported by French et al. (2015)  
133 for the Darwin Harbour (Northern Australia). The majority of the studies on caffeine  
134 concentration in seawater matrices are from the USA, with concentrations ranging from  
135 2 to 5860 ng/L (Benotti and Brownawell, 2007; Knee et al., 2010). In Europe, caffeine  
136 was detected in marine and coastal areas of 13 countries, with the highest concentrations  
137 being observed in the Aegean Sea (3068 ng/L) (Nodler et al., 2014) and in the Arade  
138 River estuary (Portugal) (600–804 ng/L) (Gonzalez-Rey et al., 2015). It was also  
139 identified in other countries (with the highest concentration), including Brazil (1300  
140 ng/L), Canada (1400 ng/L), China (3060 ng/L), Costa Rica (1207 ng/L), Japan (8230



141 ng/L), Malaysia (0.33 ng/L), Singapore (1389 ng/L) and Taiwan (718 ng/L) (Table 1).  
142 Few studies (8%) have described the concentrations of caffeine in coastal sediments, with  
143 values ranging from 0.31 to 23.4 ng/g in Brazil (Beretta et al., 2014) and from 1.90 to  
144 12.20 ng/g in Spain (Maranho et al., 2015a) (Table 1). A study by Romagnoli et al (2016)  
145 reported caffeine concentrations from the Southern and Eastern Mediterranean Sea,  
146 ranging from 0.01 to 0.17 ng/L (Table 1).

147 The average worldwide caffeine consumption is around 70 mg per person/day, with  
148 varying consumption depending on the country (Rigueto et al., 2020). Europe, Asia and  
149 North America lead the world coffee consumption during the last decade, according to  
150 the International Coffee Organization (ICO) (<http://www.ico.org/>). Thus, it is not  
151 surprising that the highest caffeine concentrations reported so far (Table 1) were observed  
152 in marine and coastal waters from those areas. Considering the relationship between the  
153 source of caffeine and its consumption, it is commonly observed that the highest caffeine  
154 concentrations found in WWTPs effluents are related to their proximity to populated  
155 regions (Dafouz et al., 2018; Li et al., 2020; Rodríguez-Gil et al., 2018). Approximately  
156 5% of ingested caffeine is excreted in the urine and eventually reaches aquatic ecosystems  
157 (Montagner et al., 2014). The caffeine removal efficiency fluctuates depending on the  
158 system, which may be owing to the incomplete metabolism of caffeine by  
159 microorganisms found mostly in old and/or conventional WWTPs (Rigueto et al., 2020).

160 In addition, several studies have reported higher caffeine concentrations in rivers and  
161 estuaries than in the WWTPs treated effluents, suggesting that in some areas untreated  
162 effluents are being discharged (some illegally), eventually reaching coastal areas (ex.  
163 Froehner et al., 2011; Munro et al., 2019; Williams et al., 2019). Untreated discharges  
164 and/or poorly managed effluents may have contributed to some of the highest reported  
165 caffeine concentrations in the marine and coastal areas.

166 The data available for marine and coastal areas is, still, very limited and inconsistent,  
167 resulting from different sampling and analytical approaches and methodologies, limiting  
168 a reliable characterization of caffeine concentrations. The seasonal variability in those  
169 areas, including hydrological processes, may affect caffeine transport into the coastal  
170 ecosystems (del Rey et al., 2011, 2012), being another factor contributing to caffeine  
171 concentration variability. The seasonal increase in population due to tourism into the  
172 coastal areas can, also, play an important role. The increase in tourism and recreational  
173 activities during the sea-bathing season has been correlated with a significant increase in  
174 caffeine concentrations in coastal waters (Paíga and Delerue-Matos, 2017). It is  
175 imperative further monitoring studies in marine and coastal areas, based on standardised  
176 sampling and analytical methods, including the biotic and abiotic matrices, contributing  
177 to future modelling programs in order to assess the main sources, distribution and impacts  
178 of this psychoactive drug.

179

### 180 **3. OCCURRENCE OF CAFFEINE IN MARINE SPECIES**

181 The assessment of caffeine concentration in marine organisms has been the subject of  
182 considerable interest in recent years because of serious concern that high levels may not  
183 only have harmful effects on biota, but also may limit their suitability for human  
184 consumption. Compared to water and sediment analyses, marine organisms exhibit  
185 greater spatial sensitivity and, consequently, can be considered reliable tools for  
186 identifying sources of biologically available pharmaceuticals, including caffeine  
187 (Korekar et al., 2020; Patel et al., 2019). Therefore, marine organisms have become  
188 increasingly used in the assessment of caffeine contamination (Korekar et al., 2020).  
189 Relevant caffeine concentrations have been documented in tissues of different coastal and  
190 marine species including corals, algae, mussels and fish due to bioaccumulation after

191 long-term exposure to contaminated water (Table 2). Comparing with freshwater  
192 ecosystems, few studies aimed to detect caffeine on coastal and marine biota (5 in total,  
193 published between 2014 and 2020).

194 Caffeine concentrations ranging from 15.8 to 37.1 ng/g were recorded in Maldives coral  
195 reefs and ranging from 2.2 to 41.2 ng/g in Saudi Red Sea macroalgae (*Ulva lactuca*,  
196 *Turbinaria conoides* and *Hydroclathrus clathratus*) (Ali et al., 2018; Rizzi et al., 2020).

197 In bivalves, concentrations varying from 19 to 68 ng/g were recorded in *Mytilus* spp.  
198 collected along the California coast (USA) (Maruya et al., 2014) and between 0.4 and 4.4  
199 ng/g in *Perna viridis* collected in Singapore (Bayen et al., 2016). Regarding fish,  
200 concentrations between 2.5 and 73.6 ng/g were observed in Saudi Red Sea fish (*Gerres*  
201 *oyen*, *Chanos chanos* and *Lethrinus nebulosu*) (Ali et al., 2018) and in South Africa, with  
202 concentrations ranging from 1.76 to 64.78 ng/g (*Pterogymnus laniarius*, *Sarda orientalis*  
203 and *Pachymetopon blochii*) (Ojemaye and Petrik 2019). Considering that the reported  
204 fish and bivalve species are consumed by humans, the detected caffeine concentrations  
205 raise concern on the potential adverse effects to humans health. In addition, only few food  
206 web representatives were investigated. In fact, the caffeine concentrations on the marine  
207 ecosystems primary producers and consumers are still unknown. The comparison  
208 between the research monitoring studies focused in water and sediment analyses with  
209 these reported in the Table 2 highlights the need of include biota assessment on those  
210 studies, in order to obtain a more compressive temporal and spatial scenarios of caffeine  
211 contamination, also contributing to multidisciplinary predicting and management models.

212 It is also important to highlight that, in published data, measured concentrations in aquatic  
213 organisms were not frequently accompanied by measures in water and sediments, making  
214 it difficult to estimate bioconcentration (BCF) levels and to model the caffeine effects on  
215 the different matrices for risk assessment.

## 216 4. EFFECTS OF CAFFEINE IN MARINE ORGANISMS

217 Pharmaceuticals, including caffeine, are considered a unique group of emerging  
218 environmental contaminants, especially due to their inherent ability to induce  
219 physiological effects in aquatic wildlife and in humans, even at relatively low  
220 concentrations (Ebele et al., 2017). Considering that in coastal and marine ecosystems  
221 caffeine has been detected at trace levels (ng/L to µg/L) (Tables 1 and 2), it is important  
222 to assess the potential effects at environmentally relevant concentrations. During the last  
223 years, environmentally realistic concentrations of caffeine, tested under laboratorial  
224 conditions, have demonstrated significant adverse impacts on several coastal species,  
225 including growth inhibition, lethality, affecting reproduction and development, altering  
226 energy reserves and metabolic activity, neurotoxic effects, oxidative stress and vellular  
227 damages. These impacts, observed in marine and costal species, are summarised in Table  
228 3, reporting studies (11) published since 2011, including laboratorial effects on marine  
229 algae, bivalvia, polychaeta, echinoidea and malacostraca.

230

### 231 *4.1. Effects on development, reproduction and lethality*

232 At least 5 studies indicated that long-term exposure caffeine affected severely the  
233 development, reproduction and, in some cases, cause lethality of different marine species  
234 (Table 3). Garcia et al. (2014) reported adverse effects in the shrimp *Palaemonetes pugio*  
235 development, from embryo to juvenile life stage, when exposed to 20 mg/L of caffeine  
236 for 5 days. These negative effects included delaying hatch time and embryos  
237 development, when exposed to caffeine. Pires et al. (2016a) investigated caffeine  
238 exposure effects on the polychaete *Diopatra neapolitana* regenerative capacity.  
239 According to this study, a long-term caffeine exposure, at environmentally relevant  
240 concentrations (0.5-18 µg/L), induced a significant regenerative capacity delay and

241 originated less new segments for whole body repair. These negative impacts on the hatch  
242 mean time, embryo development and regenerative capacity will influence species health  
243 status with implications on species abundance, reproduction and population dynamics  
244 stability. The only available study on marine algae, by Aguirre-Martínez et al. (2015),  
245 reported significant effects on the growth inhibition when *Isochrysis galbana* was  
246 exposed to caffeine at 100 and 500 mg/L. Considering lethality, Pires et al. (2016 a, b)  
247 reported significant mortality percentages of 8.3%, 12.5% and 22.2%, in 3 polychaete  
248 species (*Hediste diversicolor*, *D. neapolitana* and *Arenicola marina*, respectively), when  
249 exposed for 28 days to caffeine concentrations between 0.5 and 18.0 µg/L.

250

#### 251 **4.2. Effects on metabolic activity, antioxidant defences and neurotoxicity**

252 Published literature suggested that, under the presence of pharmaceuticals, including  
253 caffeine, marine organisms increase their metabolic activity and reduce their energy  
254 reserves (e.g. glycogen), which is used to fight against oxidative stress, with the induction  
255 of antioxidant defences in order to prevent cellular injuries (Cruz et al., 2016; Pires et al.,  
256 2016a,b). This response pattern was observed in the bivalve *Ruditapes philippinarum*  
257 (Cruz et al., 2016) and in the polychaetes *D. neapolitana* (Pires et al., 2016a) and *H.*  
258 *diversicolor* (Pires et al., 2016b), with a significant decrease of glycogen content, when  
259 exposed to environmental caffeine concentrations. In addition, the activity of electron  
260 transport system has been also used as a useful biomarker to measure metabolic activity  
261 in organisms exposed to caffeine (Cruz et al., 2016).

262 Recent evidences demonstrated that caffeine may enhance the production of reactive  
263 oxygen species (ROS), inducing antioxidant responses (Li et al., 2020; Pires et al.,  
264 2016a). In fact, the evaluation of the oxidative stress status has been recommended as  
265 early warning indicator of toxicity effects in aquatic organisms (Aguirre-Martinez et al.,

266 2015, 2016). These responses are usually mediated by antioxidant enzymes, including  
267 superoxide dismutase, catalase, glutathione reductase and glutathione peroxidase in order  
268 to prevent lipid peroxidation (LPO) as a consequence of oxidative stress (Aguirre-  
269 Martinez et al., 2013, 2016). The induction of these antioxidant defences and relevant  
270 levels of LPO have been demonstrated in some marine organisms exposed to caffeine  
271 trace levels, including bivalves (Aguirre-Martinez et al., 2015; Cruz et al., 2016),  
272 amphipods (Maranho et al., 2015a), polychaetes (Pires et al. 2016 a,b) and crabs (Aguirre-  
273 Martinez et al., 2013) (Table 3). For example, Pires et al. (2016a) observed the incapacity  
274 of antioxidant and biotransformation enzymes to prevent cells from LPO, after 28 days  
275 of exposure to caffeine. These studies also suggested that antioxidant defence may follow  
276 a time dependence pattern, with long-term caffeine exposure ultimately result in  
277 inefficient antioxidant defence and oxidative impairment, and, in some cases in cellular  
278 damage. Beyond LPO, the genotoxicity is, also, considered a consequence of oxidative  
279 stress (Maranho et al., 2015a). A study conducted by Aguirre-Martinez et al. (2013), using  
280 *Carcinus maenas* exposed to caffeine (50 µg/L) indicated evidences of DNA damage in  
281 different tissues (gills, muscle, hepatopancreas). Using lower concentrations, Maranho et  
282 al. (2015a) reported significant alterations on mitochondrial DNA in amphipods  
283 (*Ampelisca brevicornis*) at caffeine concentrations between 0.00015 and 1.5 µg/g.  
284 Caffeine is considered a relevant central nervous system stimulant; thus, special attention  
285 has been paid to its potential neurotoxic effects (Aguirre-Martinez et al., 2016; Li et al.,  
286 2020). This psychoactive drug is a competitive antagonist of adenosine receptors,  
287 affecting the nervous system of animals (Stiles, 1992). The activity of  
288 acetylcholinesterase (AChE) has been used to assess potential neurotoxic effects of  
289 several classes of contaminants, including caffeine (Maranho et al., 2015a,b). In a study  
290 published by Aguirre-Martinez et al. (2016), the activity of AChE in the bivalves *R.*

291 *philippinarum* decreased by 79%, 54% or 56%, when exposed to 5, 10 or 50 µg/L  
292 caffeine, respectively. According to Ludke et al. (1975), the inhibition of AChE activity  
293 above 20%, indicates neurotoxic effects, thus, Aguirre-Martinez et al. (2016) concluded  
294 that caffeine concentrations above 5 µg/L may induce neurotoxicity on the selected  
295 bivalves.

296 Overall findings suggest that caffeine reaching to coastal and marine systems may  
297 influence species health status, affecting species abundance and biomass, reproduction  
298 and survival, with direct and indirect effects on ecosystems food web.

299

## 300 **5. FUTURE CHALLENGES AND RECOMMENDATIONS**

301 The literature reported so far showed caffeine in the coastal ecosystems, raising concerns  
302 about the potential adverse impacts on the wildlife safety and human health. According  
303 to the International Coffee Organization (ICO) (<http://www.ico.org/>), Europe, Asia &  
304 Oceania and North America lead the world coffee consumption with increases of 1.8%,  
305 1.9% and 2.1% between the period 2016/17-2019/20. The countries with the highest  
306 average per capita of coffee consumption during 2020 were Netherlands, Finland and  
307 Sweden with 8.3, 7.8 and 7.6 kg/Year estimated average per capita (Alfawaz et al., 2020;  
308 ICO, 2020). Comparing these reports with the number of scientific studies on caffeine  
309 occurrence in the environment and effects on biota discussed in the present review, the  
310 majority of them are, in fact, from Europe, USA and Asia. However, the overall studies  
311 are still very scarce and did not cover other relevant global areas and ecosystems. In  
312 addition, the estimated vast distribution of caffeine along with its environmental impact  
313 on several ecosystems calls for an urgent research (Dafouz et al., 2018; Korekar et al.,  
314 2020). Caffeine has been found in tissues from several coastal and marine biota including  
315 macroalga, coral reefs, bivalves and fish due to bioaccumulation after long-term exposure

316 to contaminated environment. The number of studies concerning caffeine levels in marine  
317 biota is still very limited, devoted essentially bivalves and fish species of human  
318 consumption, raising concerns on seafood safety. It is imperative to increase the temporal  
319 and spatial monitoring programs, covering all marine ecosystem matrices, including food  
320 web key species.

321 Several authors have highlighted the caffeine higher dilution in marine waters, thus, the  
322 concentrations are expected to be lower, comparing to freshwater and wastewater (Pomati  
323 et al., 2008), and the potential effects are assumed to be minor (Dafouz et al., 2018).  
324 However, caffeine had been demonstrated to have adverse impacts on marine and  
325 estuarine organisms, at environmentally realistic concentrations, inducing oxidative  
326 stress and lipid peroxidation, neurotoxicity, changing energy reserves and metabolic  
327 activity, affecting reproduction and development and, in some cases, causing mortality.  
328 Therefore, it is essential assess long-term environmental effects and risks posed to marine  
329 organisms, exposed to caffeine, including potential mixtures with other contaminants  
330 (Korekar et al., 2020).

331 Nevertheless, the overall available data indicate that caffeine, which has been  
332 traditionally accepted as posing low risk to aquatic environments, might deserve  
333 additional attention. Considering the alarming concentrations observed on abiotic and  
334 biotic samples and the reported effects, it is crucial to remove or significantly limit  
335 caffeine and its derivatives effectively from the water systems, investing efforts and  
336 research on the development effective treatment and removal technologies. It is, also,  
337 urgent to implement programs to minimize the environmental load of caffeine, including  
338 ecopharmacovigilance programs (EPV) targeting caffeine as a high-priority  
339 environmentally hazardous anthropogenic contaminant, inclusive in the context of the  
340 Marine Strategy Framework Directive (2008/56/EC).



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**Figure1.** Papers published per year, considering the occurrence and effects of caffeine on marine and coastal environments.

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## TABLES

**Table 1.** Occurrence of caffeine residues on marine and coastal waters (ng/L) and sediments (ng/g dry weight).

Country/Area	Ecosystem	Range (ng/L or ng/g)		Reference
		min	max	
Adriatic Sea	Seawater	82	366.9	Loos et al., 2013
Australia	Seawater	140	11000	French et al., 2015
Australia	Seawater	20	210	French et al., 2015
Brasil	Seawater	-	147	Ferreira et al., 2005
Brasil	Sediment	0.31	23.4	Beretta et al. 2014
Brasil	Seawater	84.4	648.9	Pereira et al., 2016
Brasil	Seawater	350	1300	Roveri et al., 2020
Brasil	Sediment	0.28	23.4	Beretta et al. 2014
Canada	Seawater	130	1400	Comeau et al. 2008
Canada	Seawater	98	382	Ghoshdastidar et al., 2015
Canada	Seawater	-	5	Keil et al., 2011
Canada	Seawater	4.5	149	Verenitch and Mazumder, 2008
China	Seawater	14.8	1930	Lv et al., 2014
China	Seawater	-	421	Yang et al., 2020
China	Seawater	8.07	3060	Sun et al., 2016
Costa Rica	Seawater	38	1207	Spongberg et al., 2011
Costa Rica	Seawater	-	40	Spongberg et al., 2011
Denmark	Seawater	6.3	9.7	Weigel et al., 2002
France	Seawater	8	32	Munaron et al., 2012
Germany	Seawater	-	677	Nodler et al., 2014
Germany	Seawater	-	2	Weigel et al., 2001
Germany	Seawater	4.9	16.1	Weigel et al., 2002
Greece	Seawater	5.2	78.2	Alygizakis et al., 2016
Greece	Seawater	4.5	522	Nodler et al., 2016
Greece-Turkey	Seawater	-	3068	Nodler et al., 2014
Italy	Seawater	82	366.9	Loos et al., 2013
Italy	Seawater	-	2	Giandomenico et al., 2011
Italy	Seawater	-	1110	Nodler et al., 2014
Italy	Seawater	-	58	Nodler et al., 2014
Japan	Seawater	100	8230	Murakami et al., 2011
Malaysia	Seawater	0.12	0.33	Ismail et al., 2019
Mediterranean Sea	Seawater	0.01	0.17	Romagnoli et al., 2016
Netherlands	Seawater	-	9	Weigel et al., 2002
North Sea	Seawater	2	6.6	Weigel et al., 2002
Norway	Seawater	5.8	6.1	Weigel et al., 2002
Norway	Seawater	7	87	Weigel et al., 2004

Portugal	Seawater	600	804	Gonzalez-Rey et al., 2015
Portugal	Seawater	18	264	Paíga and Delerue-Matos, 2017
Red Sea	Seawater	420.9	7708	Ali et al., 2017
Singapore	Seawater	-	847	Goh et al., 2017
Singapore	Seawater	59	655	Bayen et al., 2013
Singapore	Seawater	5	1389	Bayen et al., 2016
Spain	Seawater	4.3	96.6	Biel-Maeso et al., 2018
Spain	Seawater	6.1	327.3	Biel-Maeso et al., 2018
Spain	Sediment	1.90	12.20	Maranho et al., 2015a
Spain	Seawater	4	5	Buerge et al., 2003
Spain	Sediment	3.5	12.2	Maranho et al., 2015a
Spain	Seawater	-	37	Nodler et al., 2014
Sweeden	Seawater	30	74.8	Magner et al., 2010
Taiwan	Seawater	1.24	16.92	Jiang et al., 2014
Taiwan	Seawater	130	718	Fang et al., 2019
UK	Seawater	3	15	Weigel et al., 2002
USA	Seawater	-	32	Alvarez et al., 2014
USA	Seawater	9	45	del Rey et al., 2012
USA	Seawater	-	22	Tian et al., 2020
USA	Seawater	11.9	5860	Benotti and Brownawell, 2007
USA	Seawater	25	185	Cantwell et al., 2017
USA	Seawater	15	61	Cantwell et al., 2017
USA	Seawater	52	81	Cole et al., 2016
USA	Seawater	21.8	41.2	Gardinali and Zhao, 2002
USA	Seawater	7.47	11.9	Gardinali and Zhao, 2002
USA	Seawater	2	28	Knee et al., 2010
USA	Seawater	-	96	Nodler et al., 2014
USA	Seawater	-	85	Nodler et al., 2014
USA	Seawater	5	165.8	Peeler et al., 2006
USA	Seawater	7.7	44.9	Peeler et al., 2006
USA	Seawater	4.4	1600	Siegenger and Chen, 2002
USA	Seawater	180	1600	Siegenger and Chen, 2002
USA	Seawater	5.7	52	Singh et al., 2010
Western Mediterranean	Seawater	0.3	0.11	Brumovský et al., 2017

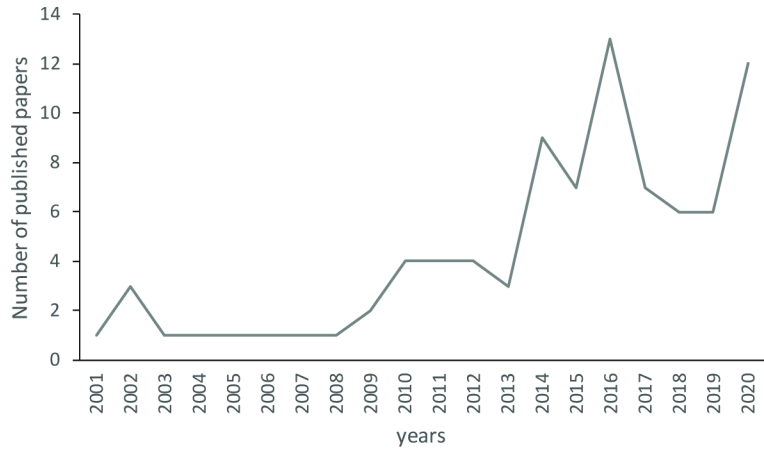
**Table 2.** Occurrence of caffeine residues in marine and coastal species (ng/g dry weight).

Country/Area	Group	Species	Range (ng/g)		Reference
			min	max	
Maldives	Corals	<i>Coral reefs</i>	15.8	37.1	Rizzi et al., 2020
Saudi Red Sea	Algae	<i>Ulva lactuca</i>	3.8	8.3	Ali et al., 2018
	Algae	<i>Turbinaria conoides</i>	36.1	41.2	
	Algae	<i>Hydroclathrus clathratus</i>	2.2	6.3	
	Fish	<i>Gerres oyan</i>	-	73.6	
	Fish	<i>Chanos chanos</i>	2.5	6.2	
	Fish	<i>Lethrinus nebulosus</i>	-	7.9	
South Africa	Fish	<i>Pterogymnus laniarius</i>	-	2.03	Ojemaye and Petrik, 2019
	Fish	<i>Sarda orientalis</i>	50.49	64.78	
	Fish	<i>Pachymetopon blochii</i>	1.76	1.77	
Singapore	Bivalves	<i>Perna viridis</i>	0.4	4.4	Bayen et al., 2016
USA	Bivalves	<i>Mytilus spp.</i>	19	68	Maruya et al., 2014

**Table 3.** Effects of caffeine on coastal and marine *taxa*, under laboratorial conditions. The experimental conditions, including the exposure period, minimum and maximum tested concentrations, tested media and observed significant impacts are indicated.

Group	Species	Exposure period	Concentrations (min-max)		Medium	Endpoints	Reference
Algae	<i>Isochrysis galbana</i>	72–96 h	0.05	500000 µg/L	Seawater	Growth inhibition	Aguirre-Martínez et al., 2015
	<i>Ruditapes philippinarum</i>	14 days	0.1	50 µg/L	Seawater	Oxidative stress, neurotoxicity	Aguirre-Martínez et al., 2016
Bivalvia	<i>Ruditapes philippinarum</i>	28 days	0.5	18 µg/L	Seawater	Oxidative stress	Cruz et al., 2016
	<i>Mytilus galloprovincialis</i>	21 days	0.05	0.5 µg/L	Seawater	Haemocyte parameters	Munari et al., 2020
	<i>Mytilus californianus</i>	30 days	0.05	0.5 µg/L	Seawater	Expression of Hsp70	del Rey et al., 2011
	<i>Mytilus galloprovincialis</i>	7 days	0.005	0.5 µg/L	Seawater	Oxidative stress	Capolupo et al., 2016
Polychaeta	<i>Diopatra neapolitana</i>	28 days	0.5	18 µg/L	Seawater	Mortality, Regeneration Capacity, oxidative stress	Pires et al., 2016a
	<i>Arenicola marina</i>	28 days	0.5	18 µg/L	Seawater	Mortality, oxidative stress	Pires et al., 2016a
	<i>Hediste diversicolor</i>	29 days	0.5	18 µg/L	Seawater	Mortality, Lipid Peroxidation, Oxidative stress	Pires et al., 2016b
Echinoidea	<i>Paracentrotus lividus</i>	48h	0.01	15 µg/L	Seawater	Reproduction	Aguirre-Martínez et al., 2015
Malacostraca	<i>Ampelisca brevicornis</i>	10 days	0.00015	1.5 µg/g	Sediment	DNA alterations, Oxidative stress	Maranho et al., 2015a
	<i>Palaemonetes pugio</i>	5 days	-	20000 µg/L	Seawater	Reproduction/development	Garcia et al., 2014
	<i>Carcinus maenas</i>	28 days	0.1	50 µg/L	Seawater	Lysosomal membrane stability, Lipid peroxidation, oxidative stress	Aguirre-Martínez et al., 2013





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- Most of the studies on caffeine concentration in seawater are from the USA;
- Caffeine was detected in marine and coastal areas of 13 European countries;
- In Europe the highest caffeine concentration was found in the Aegean Sea (3068 ng/L);
- Caffeine was found in tissues of coastal *taxa* from contaminated environments

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**Declaration of interests**

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

The authors declare the following financial interests/personal relationships which may be considered as potential competing interests:

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